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VOL. 26, NO. 30

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 25, 2019

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Reserve Early For Historical Village Fundraising Gala

Tickets are on sale for the Sanibel Historical Museum & Village annual fundraising gala. This year's theme is An Evening on the Old Algiers. The gala takes place on Tuesday, February 19 at 6 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. There will be a buffet dinner provided by Sanibel Catering Company by Bailey's. Beer and wine are included in the price of the ticket. Tickets are \$135 each and can be purchased online at www.sanibelmuseum.org.

The evening will offer the chance to learn more about the *Algiers* riverboat, which almost became Sanibel's first "mega mansion." It was brought to Sanibel from New Orleans. It was floated ashore via a trench dug on the beach that is now Gulfside City Park. Unfortunately, the owner died and the boat was never lived in. After auctioning off as much as could be removed, the rest – considered a hazard – was burned by the city as practice for island fire fighters. The bell and the anchor are on display at the Sanibel Historical Village.

"This event usually sells out, so we



Sanibel Historical Village Executive Director Emilie Alfino with a drawing of the *Algiers*
photo provided

encourage everyone to buy their tickets soon," said Executive Director Emilie Alfino. "It's always a fun evening. The money raised will go to support the village's mission to preserve, share and celebrate Sanibel's history."

This year's sponsors include Allegra Printing, *Island Sun*, *Times of the*

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Locals To Perform Staged Reading



From left, BIG ARTS Community Players Molly Downing, Robert Runck, Edina Lessack, Alan Levine and Jana Stone
photo by Jeff Lysiak

BIG ARTS Community Players will perform a reading of the "improbable farce" *Blithe Spirit* by Noel Coward this Saturday, January 26 starting at 7:30 p.m. at the Herb Strauss Theater, located at 2200 Periwinkle Way on Sanibel.

The synopsis of the *Blithe Spirit*

is that a skeptical novelist, Charles Condomine, invites local medium Madame Arcati to his home for a séance, hoping to gather material for a book he's writing. She inadvertently summons the host of Charles' late first wife, Elvira. Only Charles can see or hear Elvira, who attempts to

continued on page 8

Nationally Recognized Artists Exhibiting

BIG ARTS is hosting two exhibits featuring works by accomplished artists who call the area home. Works by Todd Andrew Babb will be featured in Phillips Gallery in the exhibit *Vagrant: The Process of Being* and Barbara Yeomans' works will be shown in Founders Gallery in the exhibit *Revealed*. Both shows open Wednesday, January 30.

"It's incredible to have two artists of this caliber in our galleries," said BIG ARTS Executive Director Lee Ellen Harder. "It's a real treat to have artists that have displayed works nationally and internationally here on Sanibel."

Babb will give a talk about his show on Friday, February 1 at 5 p.m. in Phillips Gallery, followed by a reception for both artists from 5:30 to 7 p.m. where guests can meet the artists and have complimentary wine and hors d'oeuvres.



A Leap Forward by Todd Andrew Babb

photos provided

Vagrant: The Process of Being features all new works from Babb, who said, "We are all vagrants of this life. Whether slowly, throughout a lifetime or quickly,



Revealed by Barbara Yeomans

day-to-day, we are in a constant state of evanescence; however, for better or worse, we change and evolve. We own

nothing. We are owned. We are kept solely by the hands of time. The individual
continued on page 19

SEA SCAPES Mainne EVENT

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Third grade students from The Sanibel School taking turns shoveling dirt upon the newly planted pigeon plum tree last Friday morning in observance of Arbor Day
photos by Jeff Lysiak

Students Plant Pigeon Plum Tree On Arbor Day

by Jeff Lysiak

For the first time in the history of celebrating Arbor Day on the island, third graders from The Sanibel School planted a pigeon plum tree on the grounds of the National Blue Ribbon Award-winning school. The tree was donated by the City of Sanibel Vegetation Committee in honor of Berdenna Thompson, longtime committee member and 27-year organizer of the school’s Arbor Day festivities.

On January 18, third grade students enrolled in Karen Thompson and Alexis Computaro’s classes staged a 45-minute Arbor Day program, including historical facts about the holiday – first celebrated in Nebraska on January 4, 1872 – along with poems, essays, songs and theatrical performances.

Following the welcome by Kellan Hall and Kai Schwartz, the Pledge of Allegiance was led by Aidan Jarvis and Joshua Schwarz. Isabella Rock and Lilly Wolf read the essay *What Is Arbor Day?*, followed by the entire class singing *Let It Grow (Celebrate The World)*.

Later, smaller groups of students took turns reading Arbor Day-themed poems and staged performances of Dr. Seuss’ classic *The Lorax*, Shel Silverstein’s *The Giving Tree* and Lynne Cherry’s *The Great Kapok Tree*. Additional songs included *Clean Up Our World, My Planet, Your Planet* and – the school’s traditional closing number – *The Garden Hoedown*.

Students, wearing T-shirts designed by Yuan Bonhayag, performed under the direction of music educator Joey Giangreco.

Members of Computaro’s class included Jillian Breece, Olivia Burns, Guy Costello, Eden Fautz, Lilly Hall, Aidan Jarvis, Madden Johnson, Anna



Students staged an entertaining reading of Dr. Seuss’ *The Lorax*

Kolobova, Bode Lackenby, Abby McCallion, Kirby Padgett, Isabella Rook, Kai Schwarz, Connor Storey, Elton Von Wowern and Jackson Williams.

Members of Thompson’s class included Jayden Alonso, Nathan Ashley, Rodd Bell, Yuan Bonhayag, Katherine Dunn, Grayson Goessling, Kellan Hall, Sawyer Junghans, David Lusk, Cash Martinson, Taylor Noorlander, Sophia Paulus, Karmindy Schafer, Grace Schuldt, Joshua Schwartz, Brooks Selby, Dylan Stevens and Lilly Wolf.

Later, all of the students and guests in attendance walked from the school’s cafetorium to a patch of grass next to the outdoor covered sports pavilion, where this year’s tree was planted. The pigeon plum joins other Arbor Day trees planted on school grounds, including live oak (10), slash pine (8), wild tamarind (3), mastic (3), dahoon holly (1), mahogany (1) and ironwood (1).*



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by KAY CASPERSON



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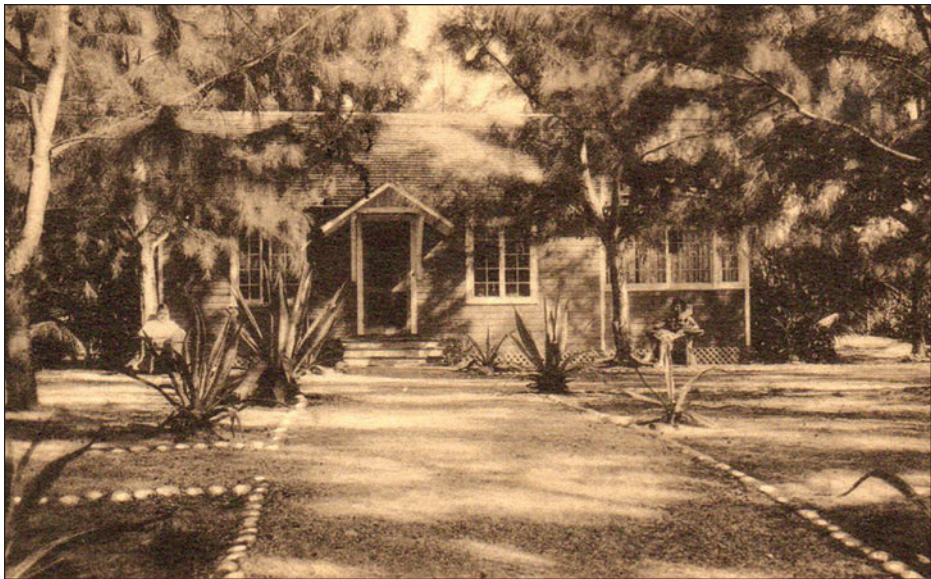
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'Tween Waters Cottage
Captiva Island Historical Society

Landmark: 'Tween Waters Inn

This week's image is the main cottage at 'Tween Waters Inn, taken in 1936. A man and a woman are sitting on chairs on either side of the cottage with well-tended landscaping.

The History Gallery, developed by the Captiva Island Historical Society,



photo courtesy Captiva Island Historical Society Archives

features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captiva-island-historical-society.org/ archives/research to view many more images to bring you closer to Captiva.✧

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST
Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.✧



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Be Our Guest

The History of Lodging on Sanibel & Captiva

In the second collaboration between the Captiva Island Historical Society and Sanibel Historical Museum & Village, this full-length documentary takes a closer look at historic accommodations; from rooming home to resorts.



Wednesday, January 30, 2019

5:30-6:00pm Complimentary Refreshments, Cash Bar
6:00pm Program

Sanibel Community House, 2173 Periwinkle Way, Sanibel Island

Limited seating. Reservations recommended!

Ticket price: \$10



Captiva Island
HISTORICAL SOCIETY



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For tickets call: Emilie Alfino at
239-472-4648,

Or email: info@sanibelmuseum.org

Master Pianist To Appear In Duet Recital At Church

St. Michael & All Angels Episcopal Church will host pianist Dr. Michael Baron in a piano duet concert at 6 p.m. on Wednesday, February 6. He will be joined by his former – and star – pupil Priscila Navarro in their first appearance at the church. The recital is part of the St. Michael’s Nourishment for Body, Mind and Spirit lecture and concert series.

Baron and Navarro perform George Gershwin’s perennial favorite *Rhapsody in Blue*, a *Slavonic Dance* by Antonin Dvorak and Franz Liszt’s *Hungarian Rhapsody No. 2*. The piano for the concert, a Steinway Model O, is furnished by Prospero’s Acoustic Art of Naples.

An award-winning concert pianist, Baron performs over 40 concerts each year, including annual tours of Europe and engagements throughout the United States, Asia and South America. Equally at home as a recitalist, a soloist with orchestra and a chamber musician, Baron commands a diverse repertoire, ranging from Baroque compositions to world premieres of contemporary pieces. His virtuosity and musicianship regularly garner the highest critical acclaim.

Baron received his doctorate in piano performance from Ohio State University, where he studied with the legendary American pianist Earl Wild. He also worked extensively in Italy with the renowned pianist Orazio Frugoni.



Michael Baron and Priscila Navarro

photo provided

Baron serves as the Myra and Van Williams Distinguished Professor of Music and head of keyboard studies at Florida Gulf Coast University’s Bower School of Music. He is also honorary professor of music at Yantai University and Hubei University in the People’s Republic of China. A master teacher, Baron has presented masterclasses and workshops at schools, festivals and universities throughout the world. He regularly serves as a jurist on regional, national and international piano competitions.

Under the tutelage of Baron, Peruvian

pianist Navarro graduated summa cum laude from Florida Gulf Coast University, where she received the Steinway Society and Williams scholarships. For three successive years, she was winner of the BIG ARTS Kenneth L. Nees Classical Music Scholarship.

She holds a master’s degree and artist’s diploma from the University of Miami, where she was a teaching assistant and student of Santiago Rodriguez. Navarro was winner of the Music Teachers National Association Piano Competitions for the State of Florida, and winner of the regional

competitions in 2011. She is also winner of the Florida Music Teachers Association Gray Perry and Byrd Piano Competitions, which honor the finest undergraduate and finest two-piano ensemble in the state of Florida.

In 2011, she won the South American Chopin Competition. As winner of the International Chopin Competition in Texas, she made her Carnegie Hall solo recital debut on March 7, 2013. She is also winner of the Artist Series of Sarasota Piano Competition, the International Beethoven Sonata Piano Competition in Memphis, Tennessee, and the International Liszt-Garrison Competition in Baltimore, Maryland. Navarro now studies at the Academia Pianistica Internazionale Incontri Col Maestro in Imola, Italy, the leading Academy in Europe for young emerging concert artists, while simultaneously pursuing her doctorate at the University of Miami.

Navarro performs solo recitals, chamber works and concerti with orchestras throughout the United States, Europe and South America.

The recital, which is free and open to the public, will be followed by a potluck supper in the church Parish Hall. Diners will share their favorite recipes at a buffet. Bring your favorite dish and your dinnerware, if you are able, or come for the camaraderie and get better acquainted with your fellow islanders.

For more information on services and special events at St. Michael & All Angels Episcopal Church, contact Rector Ellen Sloan at 472-2173 or visit www.saintmichaels-sanibel.org.

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MEMORIAL SERVICE



Helen and Barney Baller on the Caloosahatchee at Shell Point in 2004 photo provided

A memorial celebration has been scheduled for Helen Baller, longtime Sanibel resident and artist, beginning at noon on Sunday, February 24, 2019 at Sundial Beach Resort & Spa on Sanibel. Friends are invited to join family in celebrating Helen's life, which ended on February 12, 2018 at Shell Point in Fort Myers. She was 93.

Baller and her husband, Barney, who died in 2006, were prolific artists. Barney was a painter known for his watercolor seascapes, and Helen was a basket weaver, known for her Nantucket baskets. They were active in numerous Southwest Florida organizations, including BIG ARTS, the Unitarians of Sanibel and the Sanibel-Captiva

Conservation Foundation. Helen taught classes in basketry for many years at her home studio.

Helen was born on December 11, 1924 in Newark, New Jersey. She was raised in Nutley, New Jersey and raised her own family in East Brunswick, New Jersey. She and Barney summered on Cape Cod in East Orleans, Massachusetts for many years. They moved to Sanibel in 1986.

She was predeceased by her son, Roger, in 1972. She is survived by her son, Wayne (wife Molly, sons Michael, Steven and wife Leah and daughter Olivia Grace, and David and wife Sanam) and son, Clinton (wife Judy, son Cameron, and daughters Gabrielle and Nina).✽

Free Movie And A Sundae For Teens

The Sanibel Community Church H2O Youth Ministry, along with Joey's Custard and Island Cinema, are sponsoring a free Create Your Own Sundae and Movie Night for sixth through 12th grade teens on Friday, February 1. This event is open to all students from Sanibel and the surrounding communities. Meet at Joey's Custard (located in Bailey's Center, 2467 Periwinkle Way) at 9 p.m. Teens will create their own sundae and then head over to Island Cinema, around 9:30 p.m., for the feature presentation of the movie *God's Not Dead*. There will be free popcorn, candy and soda.

For more information, contact Pastor Kevin Schafer at 472-2684 or email kevin@sanibelchurch.com.✽

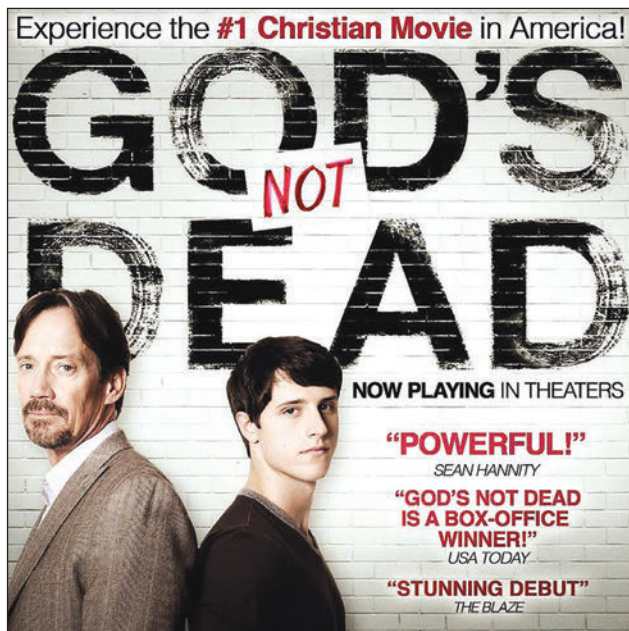


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Local Named To Dean's List

More than 4,400 Baylor University students were named to the Dean's Academic Honor Roll for the 2018 fall semester. Included on

the Dean's List is Matthew C. Kirchner, a student at the Hankamer School of Business and a resident of Sanibel.✽

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From left, Eric Pfeifer, Paul Nichols and Roger Grogman

photo by Jeff Lysiak

New Planning Commissioners Seated

by Jeff Lysiak

After finally returning to its full complement of seven appointed members, the Sanibel Planning Commission is again facing the task of replacing one of its current members. On Tuesday, incumbent Roger Grogman joined two new appointees – Eric Pfeifer and Paul Nichols – on the planning commission dais, with Grogman and Pfeifer selected to serve full three-year terms. Nichols will serve the remainder of former Commissioner Dr. Phillip Marks’ tenure, which runs through 2021. During her remarks before the

commission, Councilwoman Holly Smith announced that Richard Johnson, appointed to the planning commission last January, will be joining the city council beginning on March 19. Johnson will be replacing Chauncey Goss, who was first elected to office in 2015. Both Smith and Goss’ council seats were scheduled for election on March 5, however, no additional nominees besides Johnson submitted their names for consideration. While Smith, appointed to the council in December 2017 to fill a seat vacated by longtime member Jim Jennings, announced her desire to continue to serve on council, Goss decided not to seek re-election. In other business, members of the commission unanimously voted for Chuck Ketteman to serve as 2019-20 chairman of the panel and Grogman to serve as vice chairman over the same period.✪

Family Fun At Super Bowl Bash

On Super Bowl Sunday, February 3, the Sanibel Community Church (SCC) H2O Youth Ministry, Discipleship and Family Life, and SCC’s Children’s Ministries will host their annual SuperBowl Bash. This year’s event has been expanded, and will include: free lunch of hot dogs, chips and soda; Punt, Pass and Kick competition; two-hand touch football game for all ages and skill levels; and new this year, cornhole competition for the adults, football toss, cotton candy and snow cones, and chili cook-off. Activities will take place in the back field on the SCC campus from 3:30 to 8:30 p.m. Younger children will have activities and games geared toward their age level.

Also new this year, trophies and prizes – including gift cards to Joey’s Custard, Doc Ford’s, Jerry’s Market and Speedway – will be awarded for the winners of the football toss, Punt, Pass and Kick, cornhole and chili cook-off. Afterwards, all are welcome to watch the first half of the big game on the big screens in the Main Sanctuary of the church. This event is free and is open to all ages.

Schedule of events:
3:30 to 5:30 p.m. – Football games, Punt, Pass and Kick, and cornhole tournament
5:30 to 6:30 p.m. – Cookout and chili cook-off
6:30 to 8:30 p.m. – First half of Super Bowl on the big screens

If you have children ages preschool to 12th grade and would like more information about the Sanibel Community Church youth programs, contact Youth Pastor Kevin Schafer, Pastor Doug Hummer (Discipleship) or Director Holly Patton-Roark (Children’s Ministries) at 472-2684. LOGOS children’s programs meet on Wednesdays from 3:30 to 6:45 p.m. for children in preschool to fifth grade. Grades six to eight meet on Wednesdays from 5 to 7 p.m. and high school teens meet on Wednesdays from 6 to 8 p.m. in the H2O Youth Center.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, visit www.sanibelchurch.com.✪



Previous participants in a Punt, Pass and Kick competition photo provided

Staged Reading

disrupt Charles’ marriage. Elvira sabotages Charles’ car, but it is Ruth who drives off and is killed. Ruth’s ghost comes back for revenge on Elvira. Charles calls Madame Arcati back to exorcise both of the spirits. They vanish, taunting Charles as they go. He wishes them both a sarcastic farewell as the ghosts smash things around the room.

Local artists will perform the following roles: Jana Stone (Madame Arcati) has an extensive arts background having performed in plays, musicals and worked as a director in Cleveland and Florida. Molly Downing (Elvira) has performed with the BIG ARTS Community Players in *Love Letters* and *Dear Elizabeth*, *Copenhagen* and *The Growers*. Edina Lessack (Ruth) has considerable experience as a chorister as well as a theater performer and director. Alan Levine (Dr. Bradman) is

a retired ophthalmologist who was in the BIG ARTS Community Players’ reading of *Copenhagen*. Robert Runck (Charles Condomine and director) has directed play readings for the BIG ARTS Community Players. He has performed professionally with the American Repertory Theater, and has directed plays in Florida, Massachusetts and New Hampshire.

Noel Coward was an English playwright, composer, director and actor best known for his comedies and musical

style. He is considered one of the most influential English cultural figures of the 20th century.

Tickets for *Blithe Spirit* are \$12 each and may be purchased through BIG ARTS by calling 395-0900 or online at www.BIGARTS.org prior to the performance. Tickets may also be purchased at the door the night of the performance beginning at 6:30 p.m.

For more information about the BIG ARTS Community Players, contact Jana Stone at 898-2067.✪

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USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000 - 10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
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Executive Chef Jarred Harris will teach young chefs how to make Japanese buffet items on February 4 photo provided

Community House

Yoga Classes

Yoga classes with Susan Pataky are held on Tuesdays and Thursdays. The first class, for all levels, begins at 10 a.m.; Chi yoga follows at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

Community Interest Series

The next program in the Community Interest Series will be held on Monday, January 21 from 7 to 8:15 p.m. Marisol Mata will discuss how bees are essential to our way of life as she shares the need to give bees a fighting chance in our ever-changing ecosystem. A \$5 donation is suggested.

Historical Documentary

A historical documentary on The Community House will be shown on Sunday, January 27 from 1 to 2 p.m. Donations will be accepted at the door.

EFT Tapping Series

On Tuesdays at 1 p.m., Jenny Li Ciccone offers a tapping series. Feel calmer, declutter your mind and help your mental health through these classes. Cost is \$30 for members and \$35 for guests. Classes run through February 19.

Audubon Lecture Series

The Sanibel-Captiva Audubon Society lecture will be held on Thursday, January 31. Peter Hawrylyshyn will detail his experiences observing and photographing over 150 hummingbird species that inhabit the high peaks of South America. Doors open at 6:30 p.m. A \$10 donation is suggested.

Civil Rights Exhibit

The Civil Rights in the Sunshine State exhibit is on display through February 8. Pictures, narratives and videos highlight the significant contributions Floridians made to the civil rights movement.

Duplicate Bridge

Play sanctioned duplicate bridge with the Willoughbys on Tuesdays at 12:30 p.m.

Honoring Black History

On February 4 at 6:30 p.m., Dr. Anthony Dixon, professor and university archivist at Bethune-Cookman College, will deliver a lecture on Dr. Martin Luther King, Jr. and the civil rights movement. He

will be joined by Rev. Dr. John H. Danner, senior pastor of Sanibel Congregational United Church of Christ. Rev. Danner will speak about his perspective on what it means to be an ally in the struggle for civil rights.

SCA 1927 Gala Fundraiser

The Sanibel Community Association will host its 1927 gala, A Night to Remember, on Friday, January 25 beginning at 6 p.m. It will be a red carpet event with fine dining in The Community House that family, friends and neighbors built nearly a century ago.

Sponsorships are available and begin at \$1,000.

Bourbon Dinner

Loretta and Emil Paganini will host the Raw and Finished Bourbon Dinner on Saturday, January 26 from 6 to 8 p.m. Cost is \$125 per person.

Kids Cooking First Mondays

On Monday, February 4 from 2:30 to 5:30 p.m., young chefs will be guided by Executive Chef Jarred Harris in making Japanese buffet items including sushi rolls, chicken teriyaki and vegetable tempura. Cost is \$50 per class or four classes for \$175 when paid in advance. Thanks to Rotary and Kiwanis clubs, and private individuals, scholarships are available. Additional class dates are March 1, April 1 and May 6.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Executive Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱



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From left, Ann Ross, Summer Santoro, Alex Santoro, Rick Zurbriggen, Nathan Haas, Matthew Lucker, Caitlin Ross, Kristian Schafer, Dara Craig, Isabella Sbarra, Brooke Yelenich, Hunter Borman, Heidi Hall, Megan Markle, Wyatt Whalen, Nik Bakos, Cole Fields, Marianna Tison, Lauren Macalka, Lydia Whalen, Emma Markle, Brodie Burns, Pastor Kevin, Jacob Goodman, Mason Macalka and Case Vandevelde

photos provided

Youth Group Goes Hungry To Raise Awareness

On January 2 starting at 10 a.m., the Sanibel Community Church H2O youth ministry participated in a 30-Hour Famine.

What is Biblical fasting? It is deliberately abstaining from food for a specific period of time for the purpose of communication and a deeper relationship with the Lord. H2O students chose to participate in a 30-Hour Famine in order to open people's eyes to the reality of global poverty. In just one day, more than 7,000 kids will die of hunger-related causes worldwide.

During this event, SCC teens felt what it meant to be hungry, but they never grumbled. There were 29 participants who completed the 30-Hour Famine to raise funds to fight hunger. The event included thought-provoking Bible lessons and devotions, guest speakers, building a cardboard city for sleeping quarters, games and inspirational videos.

Even without food, the students

completed many service projects, such as a community walk for canned goods through The Dunes, a tour and canned goods drop-off with FISH of SanCap, and building and designing sets for the upcoming missions dinner theater production.

The event finished up at 4:30 p.m. on January 3, with a celebratory "Break-fast dinner" of soup, Caesar salad, crackers and dinner rolls. In the end, after an unforgettable day-and-a-half of going without food, the teens raised over \$3,600 to fight hunger and bring hope to hungry kids.

H2O Student Ministries is a program for sixth through 12th grade young men and women. The group meets on Wednesday evenings from 5 to 7 p.m. for middle school students, from 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. in the Youth Center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way (next to



From left, Nik Bakos, Cole Fields, Wyatt Whalen and Case Vandevelde stocking and organizing donated food at the FISH of SanCap Food Pantry

Jerry's Market). For more information, contact Pastor Kevin Schafer at kevin@sanibelchuch.com or call 472-2684.✪

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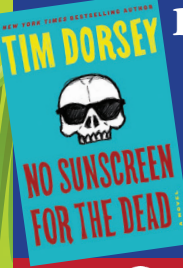
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St. Michael's parishioners, from left, Lee Williams, Harriet Pattison and show chair Liz Coffey photo provided

Noah's Ark Fashion Show Coming Soon

Noah's Ark staff and volunteers are hard at work preparing for the annual fashion show. This year's theme is Bright and Beautiful and will feature fashions currently on sale at the popular island thrift shop. The show

will take place on Monday, February 11 beginning at 1 p.m. at St. Michael & All Angels Episcopal Church.

According to the general chair of the show, Liz Coffey, Noah's Ark volunteers and other parishioners model active wear and lifestyle fashions, as well as festive evening costumes, "basically anything on sale that they love." The show will also include door prizes featuring new items donated to the Ark. Music will be provided by pianist and St. Michael's

parishioner Rich Mattern.

Longtime Ark shoppers are encouraged to wear to the show outfits they have purchased at the Ark. "The show is our way of thanking those who support the Ark," Coffey said.

During the show, the Women of St. Michael's will present a check to Partners for Breast Cancer Care. St. Michael's Rector Ellen Sloan said, "We are delighted that the phenomenal success of the Ark, along with outreach money budgeted by the parish, enables St. Michael's to award so many grants to critically important charities and causes."

Refreshments will be served after the show in the Parish Hall. All modeled clothing is offered for sale at that time. Doors open at 12:30 p.m. and there is no admission fee.

In business for more than 50 years, Noah's Ark is operated by the Women of St. Michael & All Angels Episcopal Church. Proceeds from Ark sales, minus expenses, go to at least 22 local, regional and global charities.

To inquire about the activities of the Women of St. Michael's or Noah's Ark, contact Joan Desilets or Rector Ellen Sloan at 472-2173. St. Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way. For more information, visit www.saintmichaels-sanibel.org.

Recycled Book Sale At Church

The popular Recycled Book Sale at Sanibel Congregational United Church of Christ periodically offers the public a chance to come in and take advantage of its wide selection and great prices. The next time the sale will be open to the public is Sunday, January 27 from 12:30 to 3 p.m.

Included in the sale will be gently used books, CDs, DVDs, jewelry and small gift items. Most of the books are priced from 50 cents to \$1, the exception being newer or special

editions.

Proceeds from the sale will be donated to local nonprofit agencies.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place Shopping Center. For more information, call 472-0497.✱

Pastor To Lead Classes On Civil Conversation

How can we speak about difficult issues? How can we engage in civil conversation? In his new three-week course at Sanibel Congregational United Church of Christ, the Rev. Dr. John H. Danner will strive to answer these and other questions.



Rev. Dr. John H. Danner

The classes in this course will take place on Wednesdays, January 30, February 6 and February 13, with identical classes at 10 a.m. and 7 p.m. each week.

Pastor Danner will present contrary views on the issue of the week: gun control, abortion and immigration. Then, following certain conversational guidelines, participants will have the opportunity to meet in small discussion groups to share their own points of view.

"In this time of divisiveness and extreme difficulty discussing controversial issues, it is important to find ways to share opposing views without rancor," said Danner.

There is no charge to attend and the public is welcome. The church is located at 2050 Periwinkle Way on Sanibel.

For more information, call 472-0497 or visit www.sanibelucc.org.✱

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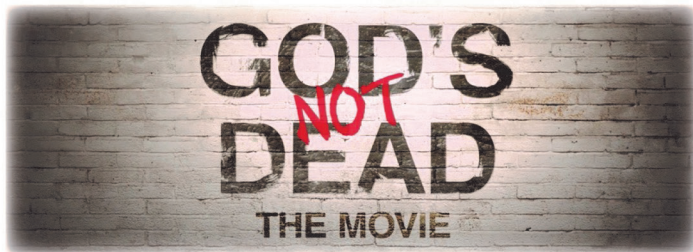
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Live oaks host many species of native epiphytes, or airplants. Epiphytes are not parasites but use trees as a growing platform from which to collect nutrients.

Plant Smart
Florida's Epiphytes

by Gerri Reaves

These photos of live oak (*Quercus virginiana*) branches provide a miniature course in Florida botany. The iconic rough-barked tree is a veritable ecosystem unto itself, hosting and supporting a wide variety of native plant and animal species. Among the native epiphytes, or airplants, visible here are some of the

state's most common: Spanish moss (*Tillandsia usneoides*), cardinal airplant (*Tillandsia fasciculata*), southern needleleaf (*Tillandsia setacea*) and giant airplant (*Tillandsia utriculata*). All four species are members of the bromeliad, or pineapple, family. The most common species of that family is the hair-like Spanish moss. Its silvery gray tendrils are composed of countless individual plants that forms cascades up to 20 feet long. (By the way, it's not Spanish, and it's not a moss.) Ferns and orchids are two other plant groups that include native



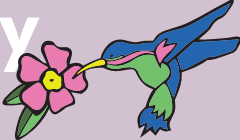
animals such as tree frogs, mosquito larvae, centipedes, or even small snakes. Florida's 16 native bromeliad species face serious threats, so never disturb them in the wild. In addition, almost all are threatened by the non-native Mexican bromeliad weevil (*Metamasius callizona*), whose larvae destroy the heart of the plant. Ten species are listed as either threatened or endangered by the state. Get outdoors and look up into the trees, where airplants reveal the intricate interdependence that inspires the phrase "web of life." Sources: Guide to the Common Epiphytes of Florida by UF/IFAS, www.edis.ifas.ufl.edu, www.nps.gov. Plant Smart explores the diverse flora of South Florida.✧

From page 1
Fundraising Gala

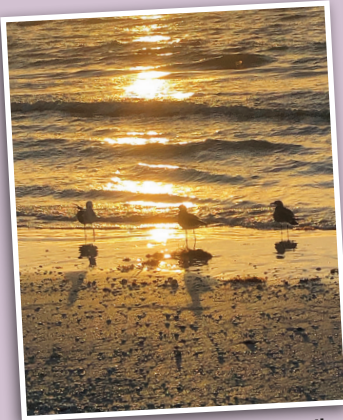
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epiphytes. They typically prefer high humidity and shade, so the tree canopy is hospitable. In dry weather, epiphytes like that carpet of resurrection fern (*Pleopeltis michauxiana*) on the branches cope by drying up and appearing dead. However, a rain shower revives, unfurls and greens the leaves, thus the common name. Epiphytes are not parasites. They use the host tree as a platform from which to gather resources. Rough-barked species such as live oak and cypress, as well as non-native ones like Tabebuia trees, allow them to easily lodge in furrows and collect detritus or nutrients. Water and the decomposed debris from insects, dust and other organic material collect among the leaves or in the cup-like center of the rosette. Native bromeliads usually have stiff downward curving leaves. Some, like the cardinal airplant, produce spikes of colorful flowers. Bromeliads conserve water in "tanks" or the leaf bases. In fact, they can be hosts themselves for small

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The Process Of Elimination



by Capt.
Matt Mitchell

It was another great week on the water as not only did we manage to work in all the scheduled trips before yet another strong cold front blew us out for a few days, we also got to spend some quality time out fishing with several groups of favorite longtime clients.

Although the mornings this week were cold, the fishing was fast-paced enough to keep everyone warm with lots of sheepshead caught along with some big redfish in the mix, too.

On most trips this week, we started fishing relatively close to home as it was just too cold to make any long runs until temperatures began to warm up by mid-morning. This strategy proved both comfortable and productive with many of the deeper creeks and shorelines right around St James City having great action on sheepshead and rat redfish. As water temperatures plummeted into the low 60s, this bite only got better. Fast-moving tides around the full moon also helped fire up the fish.

By mid-morning, after the shock of the morning cold started to wear off, I would make the run to the north to fish in areas in and around the

passes. All our local passes have been great places to get in on the winter sheepshead action. Often, to catch these sheepshead, I'm going from spot to spot until I find that one dock or set of snags that is just loaded up. Once we do find the herd, we have been pulling them in one after another.

Much of the water around the passes has been really stirred up, so these sheepshead are not as easy to locate as they can be during clear-water conditions. It's been more of a process of elimination to find them. One day, it's one dock. The next day, it's another spot that we will catch the majority of our keepers from. Day to day, these fish are moving.

Action on rat redfish was still consistent this week though we did catch some much larger models, too. I'm catching these redfish while targeting sheepshead on docks and snags in and around the passes. It seems the redfish are often in a little bit shallower water on the docks than the sheepshead.

While fishing around some favorite docks up on Cayo Costa this week, my clients got a couple of slob redfish on back-to-back casts. Never really knowing what that next cast will bring is just one of the joys of saltwater fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ☆



Long-time client Natalie Beerman from Nashville showing her love of big redfish
photo provided

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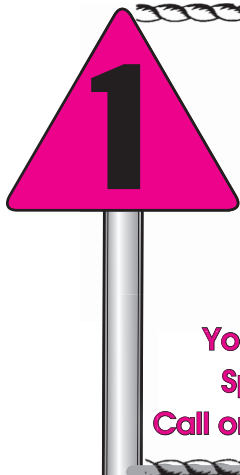


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Dave Doane

CROW Case Of The Week:

Baby Flying Squirrel

by Bob Petcher



A flying squirrel (*Glaucomys volans*) should be renamed a gliding squirrel since its “flight” is more of a descending float than an ascending soar. Rather than wings, the small mammal employs a stretchy membrane that is attached from its back feet to its front feet and parachutes downward to escape from predators.

Baby flying squirrels develop fur and open their eyes when they are about a month old. These youngsters begin to glide when they are roughly two months old.

On January 8, a young Southern flying squirrel was admitted to CROW. There was no information provided about the squirrel’s home area. The juvenile’s right eye was crusted with debris. It also suffered from mild dehydration when it arrived.

“The eye was likely crusted with debris from a fall, although this did not seem to affect the patient’s vision or cause any further trauma to the eye,” said Dr. Kyle Abbott, CROW veterinary intern. “Ophthalmic flush is a solution used to clean the eyes. We prepared the flush, but it was not needed. The mild debris was wiped away using a cotton-tipped applicator.”

CROW rehabilitation staff will care for the squirrel until it is old enough for release since no information was provided about where its parents may be located.

Breanna Frankel, CROW rehabilitation manager, believes the patient is between 6 to 7 weeks old based on its developmental characteristics.



Patient #19-0048 is getting a lot of attention during rehabilitation photo by Bre Frankel

“While it was a little on the small size – slightly thin and small stature – its front teeth had grown in, and its fur was consistent with that age,” she said. “Release will likely be assessed around 12 weeks of age, but depends on if the baby is showing appropriate release qualifications – is it eating well

on its own, is it eating the appropriate diet that it would find in the wild, does it forage well enough to consistently gain weight, does it know to return to nest box to sleep?”

The young flying squirrel will be monitored daily until it is evaluated for release.

“While at CROW, the squirrel has received several days of subcutaneous fluids to keep it well hydrated following admission to the hospital. We weaned him on to our Fox Valley formula so it had a milk supplement while beginning to eat on its own. It has been weighed every day, sometimes twice a day, to monitor weight and progress appropriately. It started getting environmental enrichment to introduce him to branches, trees, leaves and natural food sources,” said Frankel. “Most recently, it was weaned off the milk formula because it has started eating well enough that it no longer needs supplemental feeds. When the weather warms up a little, it will be placed in an outside enclosure to allow it to adjust to environmental factors in preparation for release.

Even after release, it will be observed for a period of time.

“Since it is a baby and does not have an established territory, we can place it in an area we deem fit for a flying squirrel with plenty of food, water and hide sources. Since it came in alone, it will be soft released when ready. A soft release means it will be monitored following release and offered food for an extended period of time until it becomes capable of feeding itself entirely based off foraging skills. It will be released with a hide box it is familiar with to offer an initial source of protection and warmth.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Shell Of The Week

Giant Montacutid



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Orobitella floridana (Dall, 1899) has an apparently contradictory vernacular

(common) name, as the shell rarely reaches beyond 16 mm (about 0.6 inch) in length. But all is relative in nature: the species belongs to the family Lasaeidae, a group of clams noted for their very small size, with many members of the family reaching only about a couple of millimeters (about 0.08 inch). The Giant Montacutid has an oval, inflated, white shell with a sculpture of concentric lines that become stronger on the anterior (narrower) end. The species is not commonly found on the beaches of Southwest Florida. Learn more about this species and other local mollusks at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum



The Giant Montacutid, *Oorbitella floridana*, from Sanibel

photo by José H. Leal

in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✪

Audubon Bird Walk Saturday



Bald eagle

photo by Rick Bunting

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, January 26 at Pond Apple Trail on Sanibel. Meet in the Matzaluna parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated.

For more information, visit www.san-capaudubon.org.✪

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Northern raccoon with plastic cat toy stuck on its paw

photo provided

CROW Tends To Unusual Patient Predicament

On January 14, an adult female northern raccoon was admitted to the Clinic for the Rehabilitation of Wildlife (CROW) after being captured in a live trap in Lehigh Acres with a plastic cat toy stuck on its paw. The playful raccoon was reported to have evaded capture for nearly three months while having the toy stuck on its right front paw.

Veterinarians sedated the raccoon and then cut the toy to remove it from the raccoon's paw. The raccoon suffered minor lacerations, but thankfully there was no sign of infection. The wounds were cleaned and stitched closed using absorbable sutures. The raccoon was provided

with pain medication and antibiotics which will help prevent infection as the wound heals. Veterinarians also gave the raccoon a "manicure" by trimming the nails which had overgrown due to the toy preventing the nails from being worn down naturally. The raccoon was returned to Lehigh Acres and released later in the evening after recovering from sedation.

Raccoons use their dexterous front paws to feel and find a wide variety of food items. In coastal areas, such as Southwest Florida, they can often be spotted foraging along the shore during low tide, including during daytime hours. Their inquisitive nature and adaptability to urban environments can often lead to negative human interactions such as injuries caused by garbage. Just a few months ago, another raccoon was admitted to CROW's wildlife hospital with a soup can stuck on its head.✱

From page 1

Artists Exhibiting

decides, through perception, if they will be pulled by the throat or guided gently by the hand. We are beggars asking for mercy at every interval."

Babb's sculptural art process involves the personally developed use of innovative materials to allow for the distinctly expressive lines of his contemporary figurative pieces. Each uninhibited piece is an exploration into the evolution of humanity because of his desire for progression. Concentrating on line and form over detail and aesthetics, Babb's elongated and oftentimes abstracted bodies portray this adaptation of the human spirit.

In Founders Gallery, one of Southwest Florida's favorite local printmakers and painters, Barbara

Yeomans, will also be debuting many new works. For the past 30 years, Yeomans has honed her technique using experimental processes and materials creating dynamic monotype prints, paintings and assemblages. Because of her spontaneous and energetic work ethic, each piece is one of a kind. Some of these experimental works are torn up and repurposed into assemblages, further pushing the boundaries of her style and materials.

Yeoman's love of color, travel, history and people's stories has influenced her artwork through a spontaneous expression of feelings about her experiences. This show will feature hand pulled prints and paintings.

Both exhibits be on display through February 24. For more information and gallery hours, visit www.bigarts.org or call the box office at 395-0900.

BIG ARTS is located at 900 Dunlop Road on Sanibel.✱



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Mornings at BIG ARTS offer a wide range of lively, 2-hour sessions by leading authorities. Audience members are encouraged not only to ask questions, but offer their point of view, experiences and knowledge.

HEALTH

FEBRUARY 12

Kathy Black, Professor of Aging Studies and Social Work, University of South Florida, Sarasota-Manatee, Florida

“Planning for Your Longevity”

This lecture will discuss community features that enhance active, healthy and engaged living for people at all life stages and abilities. Everyone is a stakeholder in an aging society and we will review the contributions of key sectors including government, nonprofits, and business people. Attendees will be inspired to consider the myriad of ways in which each of us can contribute to our collective age-friendly journeys that enhance community life for all.

TECHNOLOGY

FEBRUARY 19

Ian Sherr, West Coast Editor CNET.

“The Growing Influence of Social Media and its Impact”

A discussion of social media and how it has impacted personal privacy, communication, modern politics, and the media. Key issues to be explored include: Can social media rebuild trust? Is privacy even an issue with users? Are federal regulations needed to protect users? Are users willing to trade their privacy for connectivity?

EDUCATION

FEBRUARY 26

Dr. Gary Chesley (Moderator), **Dr. Jim Llorens**, FGCU Vice President for Academic Affairs and **Dr. Greg Adkins**, Superintendent Lee County Schools

“What’s Right, What’s Wrong, What’s Next, and What You Must Know About America’s Public School System”

A discussion of what the landscape of our public-school system looks like today and in the future.

ENVIRONMENT

MARCH 5

Rachel Kangas, Public Archaeology Coordinator, SW Region, Florida Public Archaeology Network

“Our Heritage at Risk: Rising Sea Levels in SW Florida”

A discussion of southwest Florida historical sites being threatened by climate change and rising sea levels.

HISTORY

MARCH 12

Jim Rudin

Why the Civil War Never Ended”

Currently, statues and public portraits of General Robert E. Lee have stirred controversy in Fort Myers and other communities. At the same time, his moral character and military prowess are under attack. Even though Lee surrendered to General Ulysses Grant in 1865, the Civil War continues to divide Americans. No one, it seems, is neutral about the war or the general.

PERSONAL JOURNEY

MARCH 19

Lynn Povich

Arlene Dillon moderates a discussion with **Lynn Povich**, author, “Good Girls Revolt.”

Lynn’s personal journey through the 1970 lawsuit against *Newsweek* charging the magazine with discrimination in hiring and promotion, and the subsequent fall out and the future of journalism for women today.

Kathy Black

Ian Sherr

Dr. Gary Chesley

Dr. Jim Llorens

Dr. Greg Adkins

Rachel Kangas

Jim Rudin

Lynn Povich





The guests took a break to have hot dogs, chips, watermelon and ice cream photos provided

Explorers Share Eco-Adventure With LARC Group

For the past eight years, Lee County Association of Remarkable Citizens (LARC) has explored the JN “Ding” Darling National Wildlife Refuge with the help of Tarpon Bay Explorers. Since 1954, LARC Inc. has dedicated the organization to meeting, promoting and providing developmentally disabled people of Lee County with opportunities and services to gain independence and responsibilities.

“The partnership between LARC and Tarpon Bay is becoming tradition now

more than anything,” said LARC leader Tom Hoover. “We look forward to the event each year.”

As tradition goes, the group from LARC explored the refuge by land and sea. The first portion of the trip consisted of a tram tour along Wildlife Drive led by naturalists Donna and Steve Yetksko. The tide was low, conditions were right and the birding was superb.

“We observed 15 species of birds. Not only the diversity was great, but the birds really showed up in numbers too,” said Donna Yetksko. Sightings included roseate spoonbills, white pelicans, reddish egrets, osprey, great blue herons and yellow crowned night herons.

After the tram tour, the group drove back to Tarpon Bay to prepare for their



Naturalist Donna Yetksko uses the aquarium touch tanks to explain what lives at the bottom of Tarpon Bay

boat cruise. George & Wendy’s Seafood Grille provided hot dogs, watermelon, chips and ice cream for lunch before the cruise. The Yetkskos then led the group through the aquarium touch tank display to learn about critters that live at the bottom of Tarpon Bay. Later, the group boarded *Explorer IV* to cruise the tranquil waters of Tarpon Bay and view the wildlife.

“Our group always has a great time out here,” said Hoover. “We’re glad Tarpon Bay was again ready to accommodate us so we could provide another great trip for people.”

Tarpon Bay Explorers is the concession to the JN “Ding” Darling National Wildlife Refuge. The company provides educational and recreational opportunities within the refuge, and 15 percent of what is taken in is given back to U.S. Fish & Wildlife Service for the care and protection of refuges around the United States.

For more information, call 472-8900 or visit www.tarponbayexplorers.com. Tarpon Bay Explorers is open every day from 8 a.m. to 5 p.m. and will remain open regardless of the status of the government.*

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, January 25, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, January 25, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, January 25, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, January 25, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Saturday, January 26, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are very devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old



enough to care for themselves.

Saturday, January 26, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, January 28, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, January 28, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Monday, January 28, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, January 29, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with

a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, January 29, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Tuesday, January 29, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, January 29, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Sanibel Communities for Clean Water presented by Dana Dettmar, environmental specialist for the City of Sanibel.

The City of Sanibel, in conjunction with the Sanibel-Captiva Conservation Foundation (SCCF) Marine Lab, conducted water quality sampling in lakes and ponds across the island as part of the Sanibel Communities for Clean Water program. The program recommends Best Management Practices (BMPs) to improve water quality with the goal that residents and visitors will adopt these voluntary environmentally friendly measures to improve the health of local lakes.

Wednesday, January 30, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, January 30, 12 to 1:30 p.m., \$35 per person, advance registration required (seasonal program) – Lunch & Learn with Dr. Barron.

Have lunch on the CROW campus with Hospital Director Dr. Heather Barron. Learn about the work at the clinic and how it is vital to Southwest Florida and beyond. Hear wildlife patient stories and end the program with a behind-the-scenes tour of the

hospital.

Reservations include a boxed lunch catered by Sanibel Deli.

Wednesday, January 30, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, January 30, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

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Thursday, January 31, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 31, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, January 31, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 31, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

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Fish Caught



Benjamin Miller with his fish

photo provided

Jack David and Benjamin Miller caught a large mouth bass on the Sanibel River while fishing on January 18.*

Shell Found



Sandy Westwick

photo provided

Sandy Westwick, visiting from Palatine, Illinois, found a lightning whelk while shelling on January 10. "This perfect shell came rolling through the waves near my feet. It was flawless," said Westwick. "I usually walk the beach late afternoon between biking and tennis, but this day I went for a stroll late morning."*

Shells Found



From left, Jeanie Johnston, Jean Quinn, Anne Aldrich, Kim Whitehurst, Ellen Diethelm and Donna Blackburn

photo by A. Ziehl

Jeanie Johnston, Jean Quinn, Anne Aldrich, Kim Whitehurst, Ellen Diethelm and Donna Blackburn from Maine, Alabama, Georgia and California found 10 alphabet cones, one Scotch bonnet and one albino whelk, all over the island while staying at Pine Cove. They said, "Shelling is always fun!"*

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Chicken and Vegetable Fried Rice

- 2 (8 ounce) chicken breasts
- 1 bell pepper (any color)
- 1 cup cabbage, sliced thin
- 2 carrots, sliced thin
- 6 mushrooms, sliced thin
- 2 cups spinach
- 2 eggs
- 3 cups cooked rice (brown or white)
- 2 green onions, sliced thin
- 2 garlic cloves, minced
- 2-3 tablespoons low sodium soy sauce or Tamari
- 1 teaspoon toasted sesame oil
- 3-4 tablespoons olive oil, for cooking
- Chili sauce or sriracha (optional)
- Sea salt and fresh ground pepper, to taste

Cook rice according to package directions and set aside. Dice the chicken breasts into 1-inch pieces and store in the refrigerator until ready to cook. Prepare and slice all the vegetables and set aside. Mix soy sauce, sesame oil and garlic and set aside.

Pre-heat a large sauté pan over medium-high heat and add 1 tablespoon of olive oil. Beat two eggs and scramble, set aside. Next, season the diced chicken with salt and pepper and sauté for



Chicken and Vegetable Fried Rice

photo courtesy Fresh From Florida

6 minutes or until cooked thoroughly. Remove from pan and set aside. Add another tablespoon of olive oil to the pan and sauté the carrots for one to two minutes. Add the bell peppers and cabbage, season with salt and pepper and cook for additional two minutes. Remove the vegetables and set aside. Using the same pan, add a small amount of olive oil and sauté the mushrooms and spinach. Add this to the rest of the cooked chicken and vegetables. Lastly, add a 1 tablespoon of olive oil to the hot pan and stir-fry the rice until it is slightly crisp, add the scrambled eggs and combine. Pour the soy sauce mixture and stir to combine. Serve chicken and vegetables over fried rice in large bowl.✪

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Barbara Dexter. Dusk performs on Saturday. On Sunday, it's Woody Brubaker. Mike Arnone plays on Monday. Barbara Dexter performs on Tuesday. Dusk returns on Wednesday. Woody Brubaker returns on Thursday.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.✪

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Sanibel Fly Fishers To Host Film Tour February 11

The Sanibel Fly Fishers (SFF) club will host the 2019 Fly Fishing Film Tour on Monday, February 11 at 7 p.m. at The Community House. The featured films include stunning videography and narration depicting some of the most iconic salt- and freshwater fly fishing destinations worldwide, including British Columbia, Australia, the South Fork of the Snake River in Idaho, South Dakota, French Polynesia and Yellowstone National Park.

Proceeds from this event will benefit Captains for Clean Water and the ongoing conservation efforts of the SFF. Since its inception 17 years ago, the SFF has consistently provided funding donations to several local conservation organizations, including the Sanibel-Captiva Conservation Foundation (SCCF) and START, with the goal of preserving and improving local waters and marine habitats.

Prior to the film showing, there will be a silent auction for fly fishing related and other items, including top quality equipment, guided fishing trips and

restaurant vouchers. Food and soft drinks will also be offered. Tickets are available for \$20 each from area fly shops and online from www.flyfishingfilmtour.com. The Community House is located at 2173 Periwinkle Way on Sanibel.✪

Shell Club To Meet Sunday

The next meeting of the Sanibel-Captiva Shell Club will take place on Sunday, February 3 at The Community House, located at 2173 Periwinkle Way on Sanibel. The meeting will begin at 1:45 p.m. with an auction of beautiful shells which will benefit the Mollusks on the Move program of the Bailey-Matthews National Shell Museum. Please bring cash or a check.

At 2:15 p.m., guest speaker Dr. Eric Milbrant, director of the SCCF Marine Laboratory, will give a presentation entitled Red Tide Monitoring and Research at the SCCF Marine Laboratory. The red tide event, which started in November 2017, reached its peak during July and August of 2018. Dr. Milbrant will explain the algae bloom by a marine dinoflagellate and

discuss the ecological consequences to fish and biodiversity. The presentation will highlight the research and monitoring being conducted at the SCCF Marine Laboratory. Shell club meetings are free and open to the public. Refreshments will be served and door prizes awarded.✪

Paddling With Your Pooch

by Kealy McNeal

Looking for a paddling companion who won't complain, has a low center of gravity, and loves the thrill of an adventure? Consider bringing your dog along – it's an excellent way to enjoy the outdoors together. But first, make sure you're prepared. You'll need to be very comfortable with paddling before you include a canine companion. The more you plan ahead, the easier and safer it will be for your pup.

Paddling with your dog will be simple if she/he is already a good swimmer

and obedient in response to simple commands. Some breeds are known for their love of water and might be easier to train, like retrievers and spaniels. However, if you start any breed out near the water early, they can learn to relax and enjoy the ride.

Taking time to help your dog acclimate to being on the water will open up a lifetime of potential. Patience, consistent and respectful training, and plenty of benign, non-water related exposure to your vessel can often help even the most hydrophobic hounds enjoy paddling. A lack of training will lead to safety issues for all involved, even on the calmest days.

Don't forget your dog's life jacket – personal flotation devices are not just for humans. No matter how well behaved your pup may be, a leash is always a good idea as well. Since we are surrounded by salt water, also pack drinking water and a bowl for your furry friend.

Whether you are paddling with your pooch or not, Ocean Tribe Outfitters is here to help you plan your next outing.

Ocean Tribe Paddlers is a club that helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.✪



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Hummingbirds Are Highlight Of Audubon Lecture

Peter Hawrylyshyn will detail his experiences observing and photographing many of the over 150 colorful and unique hummingbird species that inhabit the high peaks of South America in his program *Hummingbirds of the Northern Andes*. The program will be held on Thursday, January 31 starting at 7:30 p.m. at The Community House, the fifth presentation of the 2019 Sanibel-Captiva Audubon Lecture Series.

With eye-popping names such as ruby-topaz, emeralds, sapphires, pufflegs and woodnymphs, hummingbirds have frequently been called “flying jewels” because of their dazzling colors and amazing ability to fly in any direction. Hummingbirds also have one of the fastest rates of molecular evolution. Nowhere is this more evident than in the northern Andes where over 150 species evolved from a common ancestor over the past 10 to 15 million years.

Hawrylyshyn will address how the geologic history and resultant ecosystems of the Northern Andes have impacted the remarkable speciation of hummingbirds. He will illustrate their special evolutionary adaptations. This includes the importance of iridescence and bill shape, their interdependence/mutualism with plant flora, and the



Peter Hawrylyshyn photo provided

physiologic changes allowing them to thrive in the harshest environments above 15,000 feet. Hawrylyshyn will also touch on the logistic realities of traveling in the region, reveal some of its best birding sites, and also give practical tips on how to photograph hummingbirds.

A long-time winter visitor to Sanibel, Hawrylyshyn has always had a love of the outdoors and birds. The advent of digital imaging allowed him to focus his interests on bird photography. For the past decade, a particular interest has been photographing and recording hummingbirds of the Americas. Based



Hummingbird

photo by Peter Hawrylyshyn

on over 15 trips and almost six months in South America, Hawrylyshyn recently published a book entitled *Hummingbirds of the Northern Andes* containing over 500 photos of 143 species. His award-winning work has appeared on BBC *Nature* and Cornell's *Living Bird*, and been published in numerous reference texts. He also hosts his own photo websites online at www.pahphoto.com and www.flickr.com/photos/pahyzyz.

As always, all are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House as well as across the street in the Herb Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.



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The Community House

The Pomegranate



by Resident Chef Jarred Harris

The pomegranate is one of nature's messiest and most labor-intensive fruits. It is a member of the berry family and roughly the size of an orange, with a thin red leathery skin. Inside the pomegranate are hundreds of edible seeds called "arils" that are surrounded by a sweet and tart translucent red pulp. These delicious seeds are held together in clusters by bitter, cream colored membranes.

Pomegranates originated in the Middle East and Northern India. They have been cultivated throughout the Mediterranean region since 5 BC and prized for their medicinal and culinary uses. The name "pomegranate" comes from medieval Latin "pomum," meaning apple, and "granatum," meaning seeded.

In Greek mythology, Persephone is condemned to spend every winter in the underworld after the god Hades tricks

her into eating pomegranate seeds.

Pomegranates are a super food and contain powerful anti-oxidants. They are rich in vitamin C, potassium and fiber, the majority of that fiber is found in the seeds. Pomegranates are good for your heart, brain, liver and skin. They also contain anti-inflammatory and anti-microbial properties, which means pomegranates are good for arthritis and fighting infection.

Pomegranate juice is used to make grenadine and other syrups. The seeds are dried and used in trail mix, granola or ground and used as a spice in Asian cuisines. If you are slightly intimidated by pomegranates, the juice and seeds can be purchased separately.

Here is a simple recipe to try;

Pomegranate and Bulgur Wheat Salad

Ingredients

- 1 cup bulgur
- 1 tsp. kosher salt
- 1 cup boiling water
- 4 scallions (thinly sliced)
- ½ cup parsley leaves, chopped
- ½ cup mint leaves, chopped
- 1/3 cup golden raisins
- 1 cup pomegranate seeds
- Juice and zest of 1 lemon
- 2 tbsp. extra-virgin olive oil

Method

In a medium bowl, combine bulgur and salt. Top with boiling water and cover bowl with a plate until all the water is absorbed (about 25 to 30 minutes).

Toss with the scallions, parsley, mint, raisins, pomegranate seeds, lemon juice,

zest and olive oil, and season with salt and pepper.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✱

Red Wine And Red Tide Party

On Friday, February 1 from 5 to 7 p.m., Sanibel Sea School will host a Red Wine and Red Tide Painting Party. During this educational event, guests will learn about red tide from a scientific perspective while sipping red wine and expressing themselves on paper.

"Many of us have strong feelings about the harmful algal blooms we experienced this summer," said educator Shannon Stainken. "We thought the combination of learning and creativity could be a nice way to process some of what has happened in Southwest Florida recently – and, of course, a little bit of wine never hurts either."

This event is part of the organization's Winter 2019 series of adult programs. It will be held at Sanibel Sea School, located at 455 Periwinkle Way. Cost is \$10 per person and includes wine and art supplies. RSVPs requested to 472-8585, but walk-ins are also welcome.

For more information, visit www.sanibelseaschool.org.✱

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, January 27.

All are welcome to come out and join in the fun for Open Mic Night on Thursdays from 5 p.m. to close.

There is collection under way for non-perishable food items for FISH of SanCap. Drop off during regular operating hours.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✱

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Book Review

Unsheltered



by Di Saggau
Unsheltered by Barbara Kingsolver is a tale of social change in two Americas. The book is constructed as two interlaced stories. The novel is set in Vineland, New Jersey, an

ancient family home with an ailing grandfather in the attic, and hippy-type grown children running about. Willa Knox and her husband did everything right and followed all the rules as responsible parents and professionals. How could they end up destitute, lleft with debts and an inherited brick house that is falling apart?

The magazine where Willa worked has closed along with the college where her husband had tenure. A disabled father-in-law and an exasperating, free-spirited daughter live with them. Their Ivy-educated son, Zeke, is uprooted by tragedy and joins them with problems of his own.

The book whisks back 150 years to a parallel Vineland and a new heroine, Mary Treat, a biologist who corresponded with Darwin. She loves to put a finger in the Venus flytrap to check its digestive powers. A science teacher, Thatcher Greenwood, finds

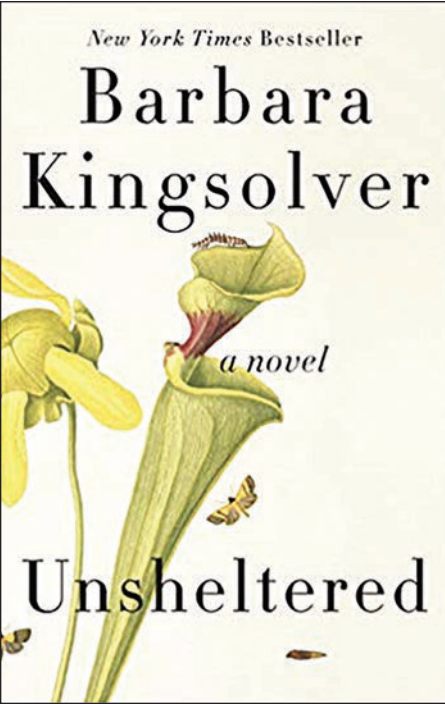


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himself under siege. His employer forbids him to speak of the fascinating theories published by Charles Darwin. His young bride and social-climbing mother-in-law are afraid of scandal. Thatcher's friendships with Treat and a renegade newspaper editor threaten to draw him into a vendetta with the town's most powerful men.

Kingsolver writes brilliantly and beautifully in a novel that touches the reader emotionally and rationally.

Unsheltered is a compulsively readable story of two families, in two centuries, who live at the same location in Vineland. This time-shifting study of social change ranges from Darwin's science to the Trump era. The alternating stories maintain their

distinctive tones but echo one another in curious, provocative ways. With history as their canvas, the characters paint a startlingly relevant portrait of life in precarious times when the foundations of the past have failed to prepare us for the future.*

School Smart



by Shelley M. Gregg, NCSP
Dear Shelley, My daughter is in kindergarten and doing very well academically. Socially, however, she seems awkward, and I am concerned. Her

teacher said that she has issues with personal space. Is there anything I can practice with her to help her understand this concept?

Lynette W, Sanibel

Lynette

Personal space refers to the physical space around our bodies that we like to keep free; we tend to only let close family, friends and pets enter our personal space. When anyone else enters, people feel uncomfortable and possibly threatened, so we tend to move or back away to increase the distance. Personal space needs depend on the individual's own needs and cultural background. Generally speaking, most people are comfortable with a radius of 1.5 feet surrounding them but again it is dependent on personal and cultural norms.

It may be that your daughter does not need as much space as others to feel comfortable and has not been able to regulate her own behavior in relation to his peers. This is quite understandable for a young child, but you do need to work with her on this concept, so it doesn't interfere with her social growth. Below are several ways that you and she can practice this concept.

One way to help establish the distinction between personal and general space is to have your daughter stand with her arms extended out to her sides and turn around in a circle

while you explain that this is personal space. Tell her that it's a special space that gives people room to move around without bumping into another person's space.

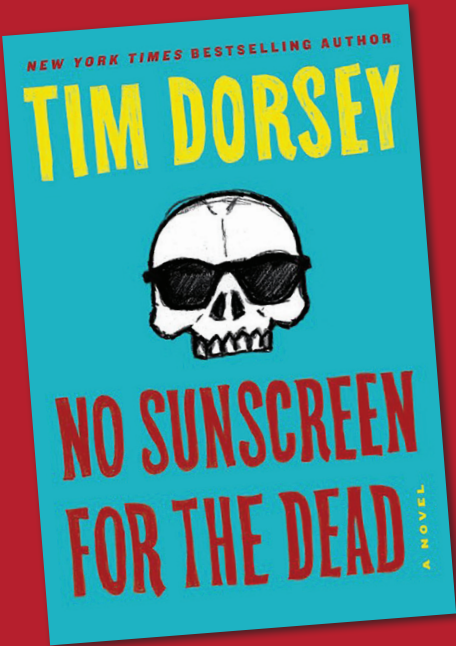
To demonstrate this idea, use the bubble activity. Ask your daughter to pretend to blow up a large bubble and then get inside of it. The bubble represents her personal space, and she cannot touch anyone or anything while she is in this bubble or else her bubble will burst. Have her walk around family members to practice moving around in her bubble so she gets a sense of it.

Another way to help your daughter understand this concept is to write a social story for her. Social stories, created by Carol Gray in 1991, were originally intended to assist children with autism, however they have now been found to be inherently helpful to all children. Children often have trouble understanding the perspective of others, and a social story allows children to be exposed to how another friend might feel, think or react in different situations. Social stories are written in very exact and specific format that describes a complete event or interaction so that children are introduced to who or what is involved and what may happen. There are many social stories available for free on the Internet that you could use.

With some discussion and practice, your daughter should be able to understand and master the concept of personal space so it does not interfere with her social behaviors.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Academy Award Contenders

Green Book

by Stan Gembicki

On Wednesday, January 30 at 12:30 p.m., Island Cinema will show the fifth movie in this year's BIG ARTS Film Society Academy Awards Contenders Series. There will be a discussion after

the movie at the cinema, where tickets are available. Other movies in the series will be announced prior to the weekly showing.

Green Book tells the story of "Tony Lip" Vallelonga (Viggo Mortensen), a tough bouncer, looking for work when his nightclub is closed for renovations. The most promising offer turns out to be the driver for the African-American classical pianist Don Shirley (Mahershala Ali) for a concert tour into the Deep South states. Although hardly enthused at working for a black man, Tony accepts the job and they begin their trek armed with *The Negro Motorist Green Book*, a travel guide for safe travel through America's racial segregation.

Together, the snobbishly erudite pianist and the crudely practical bouncer can barely get along with their clashing attitudes to life and ideals. However, as the disparate pair witness and endure America's appalling injustices on the road, they find a newfound respect for each



image provided

other's talents. In doing so, they would nurture a friendship and understanding that would change both their lives.

Green Book is a wonderful story of overcoming self-condemnation, and the resulting freedom it provides. The film won three Golden Globe awards; Best Director (Peter Farrelly), Best Supporting Actor (Mahershala Ali) and Best Screenplay. The film is two hours and 10 minutes long.

Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.*

Programs At Captiva Library

The Captiva Memorial Library is offering the following free programs for adults and children in February.

Normal library operating hours are: Tuesday and Thursday, 10 a.m. to 6 p.m.; Wednesday, noon to 8 p.m.; Friday and Saturday, 9 a.m. to 5 p.m.

Creative on Captiva: Pen & Ink Orchid Drawing – 2 p.m. Wednesday, February 6. Participants are encouraged to bring their own sketchbook and black art pen, but instructor will supply a mini six-page workbook and black marker with appropriate handouts. Registration is required.

Around the World with Flutes – 3 p.m. Wednesday, February 20. Emmy and Peabody award-winning composer, flutist and storyteller Kat Eppe will transport the audience to exotic locales with a treasure trove of indigenous flutes that she has collected from her extensive travels around the world. This concert/talk includes a discussion on the music of various cultures, how music affects us, her work as a composer for TV and film, and some of her amazing musical adventures as she performs on a variety of interesting flutes made of wood, silver, tin, bamboo and bone. Sponsored by Captiva Memorial Library Board. Registration is required.

Children's Programs

Happy Chinese New Year 2019 – Friday, February 1 to 9. Available during normal library operating hours. Browse the display books on the Chinese New Year and make a Chinese New Year craft to

take home.

Happy Valentine's Day – 10 a.m. to 6 p.m. Tuesday, February 12 and Thursday, February 14. Browse the display books for Valentine's Day and make Valentine cards.

Happy Valentine's Day – noon to 8 p.m. Wednesday, February 13. Browse the display books for Valentine's Day and make Valentine cards.

Presidents Day is February 18 – 9 a.m. to 5 p.m. Friday and Saturday, February 15 and 16. Browse the display books on United States presidents. Children will learn some chemistry using pennies and other nontoxic ingredients.

We are Proud of Our Country – February 19 to 28. Available during normal library operating hours. Browse display books about our great country and explore different states. Make a paper bag Florida panther.

Teen Program

Builder Z: STEM Challenge – February 19 to 23. Available during normal library operating hours. Drop in and have fun using Builder Z to make endless Zoob-ibilities.

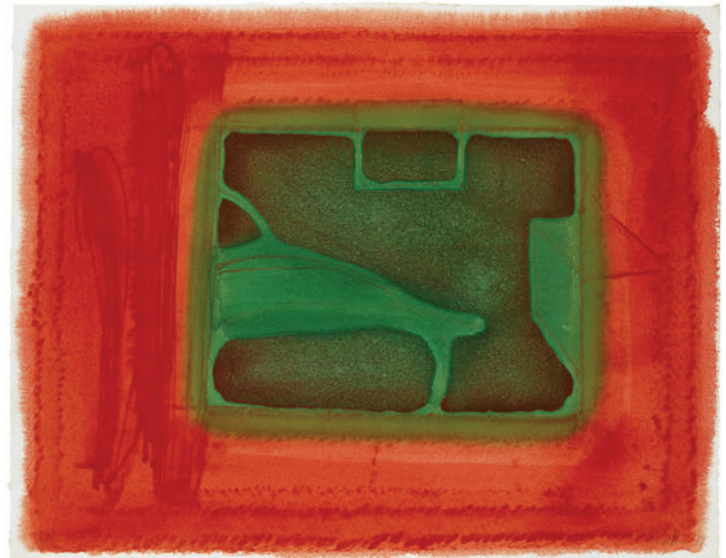
In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia at 533-2314, Florida Relay Service 711 or jlaguardia@leegov.com. Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.

Captiva Memorial Library is located at 11560 Chapin Lane on Captiva.*

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BIG ARTS Monday Night Film Series

Columbus

by Di Saggau

The BIG ARTS Monday Night Movie for January 28 is *Columbus*, a beautiful drama about two strangers connecting over terminal illness and modern architecture. Jin (John Cho) has come to Columbus, Indiana from Korea to visit his father who was to deliver a lecture on architecture until he fell ill. Jin has a distant relationship with his father and can't connect with the sorrow his friend (Parker Posey) is feeling.

We also meet Casey (Haley Lu Richardson), working as a page at the Cleo Rogers Memorial Library (one of the most important interiors in the film). Casey has put off going to college because of her mother's addiction. Columbus is known as the Midwest Mecca of Architecture and in the film the buildings rise up out of the grass and trees like relics of a mysterious sophisticated civilization. They were built for utilitarian purposes and designed by some of the most innovative architects of the 20th century.

Jin strikes up a friendship with Casey and they explore both the town and their own conflicted emotions. Their dynamic is fascinating. When Casey rattles off facts about the famous glass bank designed by Eero Saarinen, Jin gets bored. He wants to know, what does the building make you feel? The director places his human figures against striking manmade backdrops with extreme care. Every shot is interesting.

Columbus is a movie about the



image provided

experience of looking, the interior space that opens up when you devote yourself to looking at something. There is a huge depth of emotion in the film. It runs 104 minutes. Moderator for the evening is Don Breiter.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.*

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:

- Acrylics for Beginners & Intermediate Painters with Jane Hudson – Fridays, February 1 to 22, 9:15 to 11:45 a.m.
- Intermediate Tap with Bobby Logue – Fridays, February 1 to 22, 9 to 10:30 a.m.
- Hip Hop Jazz with Bobby Logue – Fridays, February 1 to 22, 10:45 to 11:45 a.m.
- Life Drawing, Open Studio Non-Instructed with Carol Rosenberg. Fridays – February 1 to 22, 9:30 a.m. to noon or 12:15 to 2:45 p.m.
- Masterpieces of Western Music with Thomas Cimarusti – Mondays, February 4 to 25, 1 to 4 p.m.
- Instructed Life Drawing with Francesco Gillia – Mondays, February 4 to 25, 9:30 a.m. to noon.
- Portrait Drawing/Painting with Mary Klunk – Mondays, February 4 to 25, 9:30 a.m. to noon.
- Pastel Painting with Mary Klunk – Mondays, February 4 to 25, 1 to 3:30 p.m.
- Adult Tap with Bobby Logue – Tuesday, February 5 through February 26, 12:30 to 2 p.m.
- Beginner Tap with Bobby Logue. Tuesdays, February 5 to 26, 2:15 to 3:15 p.m.
- Intermediate Acrylic Painting Techniques with Nancy Tome – Tuesdays,

February 5 to 26, 1 to 4 p.m.

- Creating with Polymer Clay with Martha Grattan – Tuesday, February 5, 4 to 6 p.m.
- Adobe Photoshop with Denny Souers – Tuesdays, February 5 to 26, 1 to 4 p.m.
- Dynastic Political Families: Adams, Kennedy and Bush with James Rudin – Wednesdays, February 6 to 20, 9:30 to 11 a.m.
- Experimental Mixed Media with Bea Pappas – Wednesdays, February 6 to 27, 9:30 a.m. to 4 p.m.
- Glass Fusing with Petra Kaiser – Wednesdays, February 6 to 27, 9:30 a.m. to 12:30 p.m.
- Experimental Mixed Media with Bea Pappas – Thursdays, February 7 to 28, 9:30 a.m. to 4 p.m.
- Glass Fusing with Petra Kaiser – Thursdays, February 7 to 28, 9:30 a.m. to 12:30 p.m.
- Photography, Intermediate, with Denny Souers – Thursdays, February 7 to 28; first class, 9 a.m. to 12 p.m., classes 2, 3 and 4, 7 a.m. to noon.
- Visible Signs of Immaterial Truth: The Art and Architecture of the Spirit with Anne-Marie Bouche – Fridays, February 8 to March 1, 9 a.m. to noon.
- Palette Knife Painting with Herbert Sklar – Fridays, February 8 to March 1, 9:30 to 11 a.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.*



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Become A VIP For Symphonies On Sanibel

The Southwest Florida Symphony commences its 58th season of Small Stage Symphonies with a VIP reception, offering wine and light fare provided by Bailey's General Store, hosted by Southwest Florida Symphony board chair and longtime Sanibel resident Tom Uhler and his wife, Linda. A \$1,200 contribution to the Southwest Florida Symphony's Friends of the Symphony on Sanibel initiative provides entrée to Tom and Linda Uhler's annual appreciation reception on Wednesday, February 6 from 6 to 7:15 p.m. in Phillips Gallery at BIG ARTS, and two complimentary tickets to each Small Stage Symphonies concert on Sanibel.

This year's Small Stage Symphonies on Sanibel are:

Appalachian Spring – Wednesday, February 6. Experience the synthesis of poetry, visual, musical and dramatic arts through the brilliant compositions of Wagner, Milhaud, Ibert and Copland. Breathing life into the operas, ballets and literary works that bear their names, *Siegfried Idyll*, *La Création du Monde*, *Divertissement* and *Appalachian Spring* are true musical masterpieces. Let your imagination follow the music to Lucerne, the jazz clubs of New York in the 1920s and the blissfully simple and peaceful Shaker life.

Back to Back Bach – Friday, March



Tom and Linda Uhler photo provided

22. This performance features JS Bach and more. Just like viewing great artwork under a new shade of light or tasting comfort food with the inclusion of a unique ingredient, this performance brings the beloved works of JS Bach to The Community House with a twist. Don't miss this all-Bach program with performances by international jazz pianist, composer, arranger and recording artist Matt Herskowitz, including *Harpichord Concerto in D minor* and several of the guest artist's jazz-fusion arrangements of Bach compositions.

Mozart in Paradise – Friday, April 5. What better setting than the flawless beauty of Sanibel for the brilliance of Mozart? Not unlike the near-perfect synergy of our ecosystem in paradise, Mozart compositions flowed seamlessly from one to the next during his lifetime. He threaded a multitude of works together during the last 10 years of his life, including his majestic *Jupiter*

Symphony, Piano Concerto No. 23 and the miraculous delivery of the *Don Giovanni* overture, completed just hours before its premiere in 1787. Performances on April 5 and 7 feature the perfect marriage of technique and

Local Author To Speak At Captiva Library

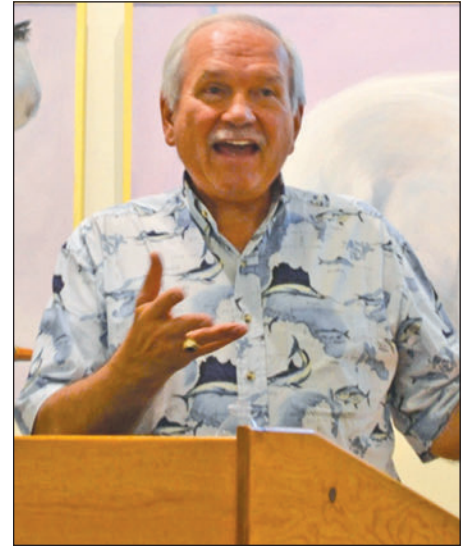
Sanibel author Charles Sobczak will give a PowerPoint presentation on Wednesday, January 30 starting at 3 p.m. at the Captiva Memorial Library, located at 11560 Chapin Lane. Admission is free and there is ample parking just south of the library. His lecture is titled *Alligators, Sharks & Panthers or How to Avoid Being Eaten!* Drawing from the information from his 2007 book of the same name, this new lecture will include plenty of Sobczak's eco-humor as well as information on how not to get devoured.

While the statistical odds of getting attacked by any one of these predators are extremely remote, the lecture also explores several real threats to the future of mankind, including pandemics, nuclear war, climate change and tribalism. At times amusing and at times alarming, this is a presentation that is of interest to anyone concerned about the relationship with these wild animals who share the Sunshine State with humans.

Sobczak is giving this same lecture to the Sanibel Road Scholar programs where he has been a featured speaker

artistry with multi-award winning guest pianist Alexandra Carlson.

For more information, visit www.swflso.org, stop by the box office, located at 8290 College Parkway, Suite 103, in Fort Myers, or call 418-1500.✪



Charles Sobczak photo provided

for more than a decade. The author will have copies of his books available after the presentation, including a few remaining copies of *Living Sanibel: A Nature Guide to Sanibel & Captiva Islands*, which is now officially out of print. He has been featured on Book TV, and his excerpts from his nature guides have been featured in several regional newspapers.

For more information, contact the Captiva Memorial Library at 533-4890.✪

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From left, Hyde Tucker with Ginny and Ed Stringer



From left, Linda and Joe Mondelli with Lee Ellen Harder



Celina and Vincent Monte-Santo



Darryl and LeeAnn Gordon



From left, Roberta and Philip Puschel with Gaye and Jim Pigott



Keith and Jill Dibb



From left, Visjna Gembicki, Kathy and Bob Wiesemann, and Stan Gembicki



From left, Sam Suggs, Blair Tindall, Marilyn Coyne and Tom Gallant



Clark Hamilton and Susan Heisler



From left, Barb and Tom Dunham, Gail and Charlie Sheetz, Lee and Jean Wiener, Kathy Dubuque, Cathy Odlaug and John Dubuque



Sanibel Shell Crafters at work

photos provided

Shell Festival Preparations In Full Swing

The 82nd Sanibel Shell Festival will be held on Thursday, Friday and Saturday, March 7, 8 and 9 and the preparations that make it an outstanding event are nearing completion.

Bouquets of flowers made from shells, curious looking critters, jewelry and many other kinds of shell art are

receiving finishing touches from the artists who have made them. Many are made right here on Sanibel by shell crafters who meet each Monday at The Community House. About 50 individuals take part in this creative activity and come from Sanibel and Captiva as well as other areas in Southwest Florida.

The "Shelling Bees" meet to sort donated shells that will be sold at the Sanibel Shell Festival. There will be many beautiful local shells for sale at the festival as well as shells from around the world.



Sanibel Shell Crafters sales booth at last year's Sanibel Shell Festival

Sanibel-Captiva Shell Club members will be meeting to fill 2,300 bags of shells that will be given away at the festival to each person who gives a \$5 donation to enter the Sanibel Shell Show inside The Community House building. Those making the donation will also receive free admission to the Bailey-Matthews National Shell Museum during the festival, a \$15 value.

The Sanibel Shell Show is known as the most prestigious in the country and exhibitors come from as far away as Japan to compete for non-monetary

awards. There are two major categories of competition. The artistic division features an incredible variety of shell creations made by both professionals and hobbyists. The scientific division features shells from Sanibel's beaches as well as all around the world.

The Sanibel Shell Festival is a joint venture of the Sanibel-Captiva Shell Club and the Sanibel Community Association. It is a major fundraiser for both groups. For more information, go to <https://sites.google.com/site/sanibelshellfestival>.✱

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CHR Reception Draws Supporters

Steve and Lena Brown hosted a donor appreciation reception at their home for Community Housing and Resources (CHR) recently. Guests mingled with Mayor Kevin Ruane and other Sanibel City Council members including Holly Smith, Mick Denham and Chauncey Goss, as CHR Board President Richard Johnson and Executive Director Melissa Rice expressed their gratitude for the support the organization receives from the community.

A video was shown featuring Sanibel's first mayor, Porter Goss, who talked about why an affordable housing program is so vital to the health and well being of the island. Goss was also at the reception and explained how important this program was from the beginning of the incorporation of Sanibel as a city. "We came up with a plan which is today what we call our Community Housing and Resources Program," Goss said. "I just want to say how grateful I am to the people who have carried forward this program, modernized it, made it work and made it an important and critical part of our community today."

"We are so blessed to have such support in this community for affordable housing," said Melissa Rice. "Without community help and support, CHR would not be able to provide quality homes and services to the working people who are vital to Sanibel."

CHR's 7th annual Mardi Gras fundraiser is scheduled for Saturday, February 9 at The Community House. Tickets are available online at <https://sanibelchr.org> or at Bailey's General Store, located at the corner of Periwinkle Way and Tarpon Bay Road on Sanibel.✧



From left, Lena Brown with Lisa Ann and Bob Miller
photos provided



From left, Chauncey, Mariel and Porter Goss with Melissa Rice



Al and Sally Hanser



From left, Maryanne Daly, Kay Morse, Judy Sharbaugh and Dorothy Donaldson



Paige and Doug Babcock



From left, Chip and Nancy Roach, Sandy Grogman and Sherry Gentry



Tom Sharbaugh and John Morse



From left, Arlene Dillon with Tom and Linda Uhler



Les Boyle and Dick Muench



From left, Doreen and Kevin Ruane with Craig Albert



Voter registration is under way
photos provided



Duane Shaffer's World War II program

register to vote in the March 5 City of Sanibel Municipal Election.

Weekly Children's Schedule

Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building and playing, with books and a snack.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories. A Saturday Family Storytime will be held at 11 a.m. on February 9.

The After-School Crew, for children in kindergarten to third grades, will meet at 3 p.m. on Thursdays. There will be books, crafts, plus a snack provided. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; the program finishes by 5 p.m.

No registration is required for weekly children's programs. For more information, call 472-2483 or visit www.sanlib.org.

Programs At Sanibel Library

As Sanibel Public Library continues the next phase of its remodel project, parts of the library are being renovated as the facility is open for normal operating hours.

Learn about mixed reality, interact with holograms with Microsoft HoloLens, from 10 a.m. to noon on Tuesday, January 29. Ages 12 and older, no registration required.

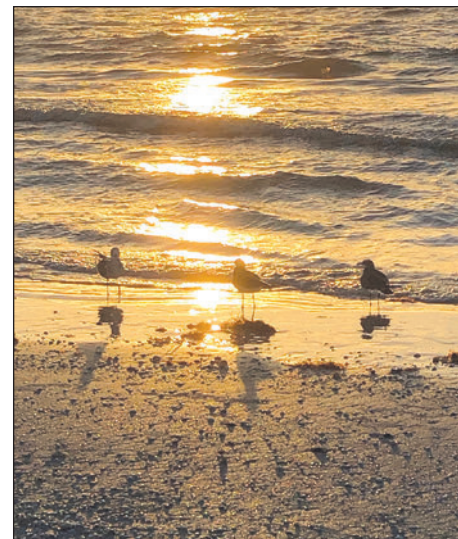
Duane Shaffer's popular World War II lecture series continues with the 1943 Battle of Tarawa. The program starts at 10 a.m. on Friday, February 1 and will be repeated at 2 p.m. that afternoon. Tarawa, located midway between Truk and Hawaii, had a strategically-located airfield. Shaffer will review tactics of these 76 hours of intense combat.

From 10:30 a.m. to 3 p.m. on Monday, February 4, Lee County Supervisor of Elections staff will be at the library providing voter registration services. February 4 is the deadline to

January Photo Contest Winner


The winner of RS Walsh Landscaping's January photo contest is Brendan Miller. The theme of the contest was Birds on the Beach. Submitted photos were posted on RS Walsh's In The Garden Facebook and Instagram pages and at the company's Sanibel garden center. Visitors were able to vote on their favorites. Miller's photo, titled *Three's the Charm*, received the most votes. He said there had been a swarm of birds, and then – all of a sudden – there were just three in the glistening shore. Miller will receive a \$50 gift certificate to In The Garden. Honorable mentions go to Steve Eastham, Roy Gibson, Carol Martin Strange and Lynn Russell.

The theme for February is Life in the Mangroves. The deadline for entries is February 1. Submissions should include the photographer's name, phone number, location of the photo and a short story




Three's the Charm by Brendan Miller
photo provided

behind the picture. Submissions can be sent via email to inthegarden@rswalsh.com.



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SCCF Dedicates New Marine Lab



From left, Ryan Orgera, Paul Tritaik, Dr. Eric Milbrandt and Erick Lindblad at the SCCF Marine Laboratory ribbon-cutting ceremony
photos by Jeff Lysiak

Last Thursday afternoon on the shores of Tarpon Bay Recreation Area, more than 100 donors, dignitaries, staff members and guests attended the dedication ceremony for the Sanibel-Captiva Conservation Foundation (SCCF)

new state of the art Marine Laboratory facility and the christening of the R/V *Norma Campbell*, a multipurpose research vessel.

Ryan Orgera, SCCF's new chief executive officer, welcomed guests, including City of Sanibel Mayor Kevin Ruane, Councilman Chauncey Goss,



Rev. Dr. Ran Niehoff, center, performing the blessing of the R/V *Norma Campbell*

Councilwoman Holly Smith and City Manager Judie Zimomra. Former CEO Erick Lindblad, who helped create the original marine lab facility out of an abandoned shell shop back in 1988, talked about the foundation's longstanding desire to build a scientific facility on the island, where local biologists and researchers could conduct analysis of water quality and marine-based studies.

According to Lindblad, one driving force behind the development of a new, state of

the art scientific facility operated by SCCF was Paul Tritaik, manager of JN "Ding" Darling National Wildlife Refuge, which partnered with the foundation's laboratory along with the U.S. Fish & Wildlife Service.

"We can do so much more together than we can do separately," said Lindblad.

Tritaik explained that the refuge expressed a strong interest in expanding the marine lab because they only had one refuge biologist on staff. "The prospects

continued on page 10B

Museum Breaks Ground For Major Renovation

by Jeff Lysiak

Last Friday afternoon, more than 60 local dignitaries and guests gathered on the front steps of the Bailey-Matthews National Shell Museum on Sanibel for the groundbreaking ceremony in celebration of the planned renovation and expansion project.

The museum's largest refurbishment project since it opened to the public in 1995 will include an innovative aquarium featuring seldom seen mollusk species from around the world, including octopuses, cuttlefish, giant clams and squids.

"The national shell museum believes that mollusks – the marvelous creatures that create the shells you find on the beach – are amazing animals," said Dorrie Hipschman, executive director of the museum. "There are more mollusks in the ocean than all the fish and marine mammals combined. We started the aquarium project to educate others to the importance of mollusks – many are endangered and most people don't know they exist. Yet they are a critical



Executive Director Dorrie Hipschman
photos by Jeff Lysiak

component of the world's food web, including our own."

During the 15-minute ceremony, speeches were made by Holli Martin, shell museum board of trustees president for 2019; Kevin Ruane, City of Sanibel mayor; Richard Johnson, chairman of the capital campaign committee; and Hipschman.



Bailey-Matthews National Shell Museum staff, board of trustees, City of Sanibel officials and contributors to the capital campaign celebrated the launch of the renovation

"Back in 2016, the idea for converting our ground floor into a visitor facility actually started with a conversation with the Sanibel Building Department," said Martin. "The City of Sanibel has held our hand and supported us every step of the way, and

we are grateful. We would not be able to accomplish any of this work without their support."

According to Hipschman, Sanibel led the world by passing the first-ever live

continued on page 13B

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Dr. Lela Larned, CROW's new veterinary intern, checking the radiograph of a patient
photos by Jeff Lysiak

New Veterinary Intern At CROW

by Jeff Lysiak

The Clinic for the Rehabilitation of Wildlife (CROW) recently welcomed Dr. Lela Larned to the organization's staff as veterinary intern. A native of New England, Larned grew up near Cape Cod, Massachusetts, where she served as executive director of Wild Care, a treatment and rehabilitation facility for sick, injured and abandoned wildlife.

"I've been hearing about CROW since I first started working in wildlife care and rehabilitation," said Larned, who studied anthropology while enrolled at Bryn Mawr College (Pennsylvania). "I've known for a long time that they're a very well respected organization."

While at Bryn Mawr, Larned wrote her senior thesis on wildlife rehabilitation as conservation advocacy. While on a semester break, she volunteered at Wild Care. The experience not only taught her that helping care for sick or injured animals can make a dramatic impact personally, but also pointed her towards a career in wildlife rehabilitation. Her next assignment was an internship with the Florida Keys Wild Bird Rehabilitation Center in Tavernier, followed by a part-time position back at Wild Care.

"When Wild Care's founder retired, I became the executive director there," explained Larned, who also spent time working at the SPCA Wildlife Hospital in Monterey, California. "While I was there, I helped launch a capital campaign to acquire a two-acre property for Wild Care. We had a farmhouse with a barn and out buildings. We also built a two-story flight aviary for raptors."

After eight years at Wild Care, Larned returned to the Florida Keys Wild Bird Rehabilitation Center in order to become its executive director. "But I was still very much involved in patient care," she noted.

Six months later, Larned continued her education by attending St. George's University in Grenada, where she earned her doctorate in veterinary medicine (DVM). Later, she studied conservation medicine at Murdoch University in Australia.

"It's been a career-long dream of mine



CROW Executive Director Alison Charney Hussey and education intern Megan Barry

to be part of a gold standard center of care like we have here at CROW," said Larned. "I pinch myself every day and am thrilled to be working here."

The 41-year-old is the parent of two rescue dogs named Mack and Gus.

"My goals here are to learn as much as possible with every patient, and I'm grateful to be in the company of experts like (CROW Hospital Director) Dr. Heather Barron," she added. "Every day, my knowledge keeps growing in leaps and bounds."

Two Additional Team Members

To begin the new year, two additional team members joined the CROW staff: Executive Director Alison Charney Hussey and education intern Megan Barry.

Hussey said, "I am honored to serve CROW as its executive director. As a longtime resident of Lee County and a one-time turtle saver myself, I love CROW's mission and dedication to saving wildlife and thereby protecting our local slice of paradise. I want to see CROW shine and grow and continue to make a difference. I hope that my experience, leadership and connections in the community will help CROW do just that."

"I'm blessed to follow in (Linda) Estep's footsteps and to be working with such a great team of professionals and volunteers

continued on page 4B



Near-Beach at 1050 White Ibis Dr in Gulf Shores

Easy-living easy-access ground-level split-plan. Remodeled & reconfigured with updated kitchen with breakfast bar, great room, 4 bedrooms, 3.5 baths, & separate utility room. Waterside screened pool, spa, & outdoor kitchen; plus garage. Currently vacation retreat, but would make great seasonal rental, 2nd home, or primary residence. Community beach access at west end of Waters Edge Ln, within short easy walking distance. \$899,000 furnishings negotiable



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Transformation Underway at 1238 Isabel Dr (Pix above are "before") With spectacular views & on Sanibel Harbour's deepest parcel, this custom home has rare bayside pool. Sale includes boat dock lot with lift. Updates & improvements in process including new neutral color palette with new roof. Central great room with fireplace & soaring ceilings is getting expanded view & porch. With 5,000+sq. ft. of living space on 3 levels with elevator, 2nd master suite being added to 1st level. Updating kitchen with butler's pantry & 4.5 baths too. \$3,495,000



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Daryl and Elaine Donovan

photo provided

Farewell Celebration For Church Pastor

Sanibel Community Church invites the community to a farewell celebration for Senior Pastor Daryl Donovan and his wife, Elaine, this Sunday, January 27 beginning at noon

in Fellowship Hall. Pastor Donovan is retiring after 17-plus years of service to the church as the senior pastor, and to Sanibel, Captiva and Fort Myers with the outreach programs he has initiated throughout the years. RSVP requested by calling the church office at 472-2684. Sanibel Community Church is located at 1740 Periwinkle Way.✽

Lions Club Is Lead Sponsor Of Gala



Sanibel Captiva Lions Club President Bob Kern presents Community House Executive Director Teresa Riska-Hall with the sponsorship check photo provided

The Sanibel Captiva Lions Club is a lead sponsor of the Sanibel Community Association's 1927 Gala, a red carpet event and fundraiser to be held on Friday, January 25 at 6 p.m. at The Community House, located at 2173 Periwinkle Way. The evening celebrates 90-plus years of The Community House's presence on Sanibel. The evening will include top-notch food, drink and music as well as a live auction featuring items donated the local business community. "The Community House is a true treasure on the island and we are honored to participate in this year's gala," said Sanibel Captiva Lions President Bob Kern. The gala will also feature surprise historical characters from the island's past interacting with guests. Mariel and Porter Goss are serving as honorary chairs for this inaugural event. The newly-renovated Community House has

been the heartbeat of the island since its founding in 1927 and serves as a gathering place for island businesses, civic associations and nonprofits. The Lions Club was chartered in December 1967 at The Community House, where it continues to meet the first and third Wednesdays of each month. There is a guest speaker at the first meeting of the month and dinner is prepared by Sanibel Catering Company by Bailey's. Lions gather at 6 p.m. for social hour and meetings begin at 7 p.m. "We are grateful to have the Lions join our lead sponsors for our first gala event," said Community House Executive Director Teresa Riska-Hall. "It will be a night to remember." Proceeds from the gala will defray additional expenses associated with the recent renovation. For more information, call 472-2155 or visit www.sanibelcommunityhouse.net.✽

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From page 2B

Veterinary Intern

that have made CROW what it is today," added Hussey. "I'm learning every day about just how important the wildlife is, not only to our environment but also as an indication of how we as citizens might also be affected by just how well we're taking care of our own world." Barry said, "I grew up visiting Sanibel Island, allowing me to develop a personal investment in its environment and wildlife. The familiarity of these beaches and animal species give me joy. It is these very things that sparked my interest in the environment as a kid." This past December, Barry graduated from Florida State University with a degree in environmental science. Throughout college, she was involved in several environmental outreach groups

as well as the school's meteorology program. Barry performed on air broadcasting as well as producing. In December 2017, she interned at Waterman Broadcasting in Fort Myers. "Following my internship at CROW, I will be attending graduate school and study environmental policy. Ultimately, I hope to be a professor in order to inspire others to care about the environment the way my professors inspired me," added Barry. "CROW is a wonderful organization; my position allows me to help advertise and communicate that to the public. I am grateful I can be a part of a team that shares a passion for helping wildlife. CROW sees visitors of all ages, and from all over the country. My hope is to help educate these people and others about the importance of the work we do here at CROW." For more information, visit www.crowclinic.org.✽



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Love For Sanibel Shines In First Home On Tour

submitted by Sue Denham

Serenity, contentment and a big serving of island charm. A delicious mix of elegant and quirky. The backdrop for a busy family life – and a testament to a 30-year love story. This is “Serenity Nowell,” the first home to be announced on Zonta’s 18th A Peek at the Unique signature home tour, raising funds to help empower women and girls. Coming up on Saturday, March 16, the event, which features four different but equally intriguing – and normally inaccessible – island residences, promises as always rare treats for “Peekers.” Tickets are going fast: the event has typically sold out each year.

Honeymooning on Captiva 30 years ago, newlyweds Vinny and Suzie Nowell



The bed in the master suite is elevated for a commanding view photos provided

drove around Sanibel, passing a brand-new structure on the island’s east end, and fell instantly in love with the house.



Antique anchors decorate the kitchen window

Over the years, as they worked, raised a family and vacationed on the islands, the couple would drive by “their” house and imagine a future when they might own it. In 2013, the home came on the market and it was time to realize the dream.

Built in 1989, the 3,300-square-foot Shell Harbour home was architecturally sound, but with dated layout and décor. The Nowells worked with Sanibel home builder Matt Kirchner to create an interior that would facilitate their busy family life and love of entertaining.

Those on the tour will climb stairs into an open and airy, light-filled living space with a calming view, filled with objects found on the couple’s searches through local antique shops, on travels and from their former life in West Virginia.

The Nowells named their home Serenity Nowell as a play on their name and in tribute to a *Seinfeld* character who frequently shouted “Serenity now!” A color palette of soft blues, sand beiges and the occasional splash of coral says “Sanibel” as no other combination can. White, beadboard cabinetry in bathrooms and kitchen offers a cottage vibe; the mother-of-pearl kitchen backsplash sparkles. Beachy items such as an oversize, framed seahorse and lamps that look like buckets of shells reflect an island theme, as does the dreamy granite

named Blue Sky. On the top floor, the master bedroom deck overlooks an open pool.

This home is generously sponsored by Kirchner Contracting, Inc. and by Island Home Service/Tree West, which provides lawn care and landscaping, pool maintenance and home watch, among others.

A notable fact: Hurricane Irma (2017) brought down 40-foot ficus trees, palms and heavy shrubbery fronting the home, leading to replacement with a clusia hedge.

Zonta relies on this annual event to fund its now-legendary support for organizations that empower women, and recently through its foundation distributed \$105,000 in grants to 17 Lee County nonprofits. For tickets at \$100 each plus a small fee, visit www.eventbrite.com or go to www.zontascancap.com/events/peek for a link. Anyone not comfortable with using EventBrite may send an email to peektickets@gmail.com.

The Zonta Club of Sanibel-Captiva is a service organization of professionals working together to provide hands-on assistance, advocacy and funds to empower women on the islands, in Lee County and around the world through Zonta International. For more information, visit www.zonta.org.✪

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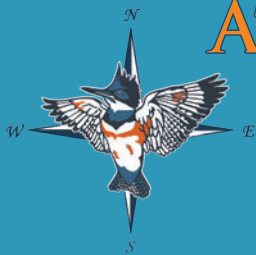
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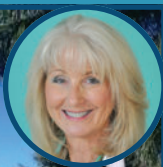
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New Listing

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5842 Pine Tree \$1,149,000
Tommy Wiley - 239-851-3686
TommyWiley3@gmail.com



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New Listing

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TommyWiley3@gmail.com

Trust Company Salutes Retiring President

The Sanibel Captiva Trust Company hosted its annual Economic Outlook program this week with over 100 guests in attendance at The Sanctuary Golf Club. Senior Portfolio Managers Craig Holston and Gary Dyer joined Chief Investment Officer Ian Breusch, Director of Research Tim Vick and Sanibel President Richard “Dick” Pyle in dissecting last year’s investment and economic activity, and addressed how to approach investing in 2019.

Following the presentation, fellow team members treated guests to a captivating look at the substantial career of Pyle, retiring president of The Sanibel Captiva Trust Company, including his views on the future of investing and the trust company. Al Hanser, chairman and founder said, “Dick has been with the trust company for 16 years and has been instrumental in setting the guiding principles of our firm’s investment philosophy and process for the benefit of clients and shareholders. We are deeply indebted to him as a colleague and a friend.” Various members of the portfolio management team took turns asking Dick some questions during the town hall:

How does it feel to know you are actually retiring from a lifelong career?

“It feels weird. But I look forward to the flexibility and the time to do the little, simple things that only my wife Nathalie



In the early years of The Sanibel Captiva Trust Company, from left: Al Hanser, founder and chairman; Terry Igo, then director of new business (prior to becoming CEO); Richard “Dick” Pyle, president; Tim Vick, senior portfolio manager; and Chip Lesch, vice chair

photos provided

usually handles, like writing Christmas cards. And no alarm clocks!”
How did your journey to The Sanibel Captiva Trust Company start? How did you end up here?
“I was at Winslow Capital Management in Minnesota. I was one of three founders in 1992 and also served as one of the portfolio manager/analysts. Clark Winslow was with Alliance Bernstein when he asked me to join him in this venture. When I left there in 2003, it was at \$1 billion AUM. Nuveen

purchased them in 2008 and today they have \$40 billion AUM. I brought Winslow’s investment philosophy and process to The Sanibel Captiva Trust Company. It’s very disciplined and it works.
“As for how we ended up here, we were very familiar and comfortable with this community, having bought a home in Captiva in 1998. We often came down for family vacations and such. In 2001, when the trust company was founded, we began to receive some promotional

materials about the firm in our mail here. I saw it was founded by Al Hanser and I was very familiar with Al’s reputation in the industry, since he was at Resource Trust in Minnesota while I had my career up there. We lived very parallel lives and had mutual friends but had never actually met.
“I thought that Al would one day need a chief investment officer for the firm and Nathalie and I flirted with relocating now that the kids were grown. She encouraged me to contact Al in February of 2003, so I emailed him and introduced myself. Al and Chip Lesch had just begun a search for an investment professional. I met with Al and the process took on a life of its own. I started work in April here on Sanibel. At that time, we had one office in Sanibel with \$59 million AUM and between 30 to 40 families. It’s amazing to know we have reached \$2 billion AUM and more than 370 families from Tampa Bay to Marco Island.”

What were you responsible for at that very foundational level?

“I built out the investment team. Senior Portfolio Manager and Director of Research Tim Vick was already working for us up in Chicago. I established protocol on how our firm determines its investment philosophy and process. Our motto was ‘keep it simple’ so clients understand what they own and why.”

What impressed you about the company?

“The culture was evident. Terry and Al are solid leaders. Al knows his own strengths and weaknesses and lets people run with their skill sets. They were acquiring a Fortune 500 employee pool,

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Local members of the trust company's portfolio management team, from left: Gary Dyer, CFA, senior portfolio manager; Craig Holston, chief operations officer; Joel Johnson, investments; and Dick Pyle, CFA, president

most of whom had come from large national firms with vast backgrounds.

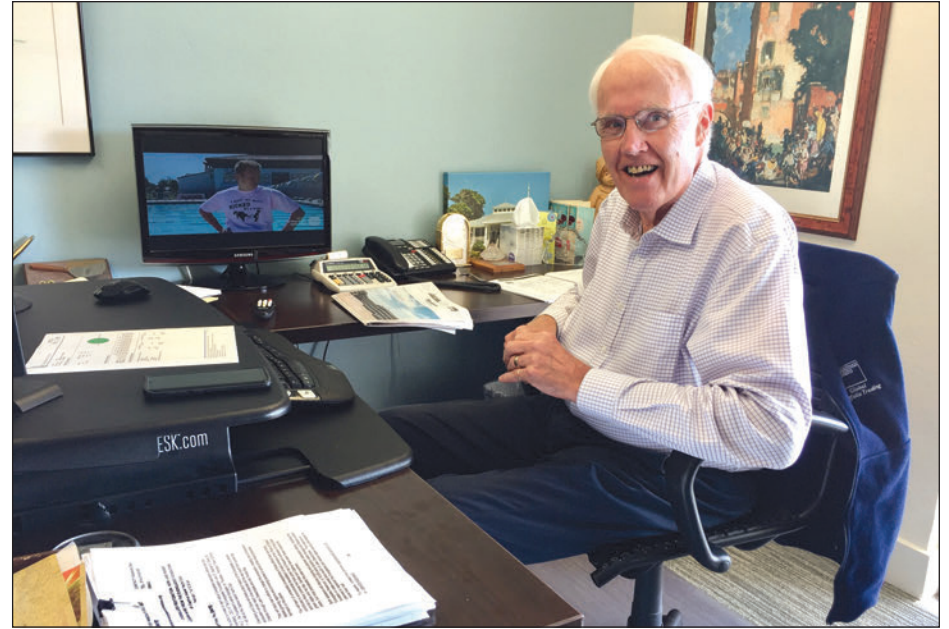
"I wasn't interested in being involved in the day-to-day management of the business but wanted to focus on our investment strategy choices. Concerning our services, our motto is 'Let's do it right.' I never wanted us to say, 'We can't do that for you.' We want to say, 'Let's see how we can help you.'"

What do you see as the trust company's differentiators?

"We are investment managers with trust services. I like that. Florida regulators

are very sharp and thorough – tougher than the federal Securities and Exchange Commission. The state regulators hold us to a higher standard and being a trust company was helpful, since as a fiduciary we are required to be protective of our clients' assets. We have no mutual funds. Just individual securities. Because of this, we can help clients see the effects of their investment choices within their portfolios and understand how it got there.

"The trust company has a 'point of view.' We understand that a 10 percent return over time requires a company



Dick Pyle at his desk where he can usually be found managing his clients' portfolios and business of the trust company

to grow at 10 percent. Most money managers don't express that to their clients. We build portfolios that meet the client's risk tolerance and growth objective at a reasonable price. Overall, our 16-year investment history applying this investment philosophy and process has been very successful."

How do you feel about the existing investment team's ability to manage portfolios and keep things on track going forward?

"I have a high degree of confidence that our investment team has the wisdom

and clear vision to carry the firm down this well-defined path for the benefit of our clients, employees and shareholders. Also, as part of our succession plan, we've been very thoughtful in building a team that assures we will have the necessary talent available for our clients. Gary Dyer, CFA, joined our investment management team over the summer and has more than 25 years of wealth management experience. We'll be making some other strategic hires in the near future as well. Of course, Al Hanser, our

continued on page 16B



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RE/MAX of the Islands

From page 1B

New Marine Lab

are very good that continue that excellent scientific work being done on Sanibel," he added.

SCCF Marine Lab officials noted some of the highlights of the new facility. Lab staff will be able to collect more water samples to determine water quality status and trends. They also have an increased capacity to analyze water quality samples, larger capacity drying oven for measuring seagrass and mangrove health, and outdoor tank area for conducting water quality experiments on local flora and fauna, expanded the RECON workshop to prepare and troubleshoot sensors, and have more space for mentoring FGCU and FSW students as well as visiting scientists.

Dr. Eric Milbrandt, director of the SCCF Marine Lab, also pointed out some of the safety features and green technologies that have been incorporated into the laboratory. Safety showers and eyewash stations are located in each lab, and an elevated lab and office space are able to withstand a Category 4 hurricane with 10-foot storm surge. Solar panels on the roof provide more than 50 percent of daytime power for the facility, plus a building monitoring system helps adjust operations to minimize power and water consumption.

Keith Campbell, who donated funds to acquire the foundation's new scientific vessel, explained that he named the R/V *Norma Campbell* in honor of his mother, who was an avid shell collector dating back to the early 1960s. The boat is capable of supporting red tide, macroalgae and



Pat Campbell, left, christening the R/V *Norma Campbell* with a bottle of Champagne

photo by Jeff Lysick

habitat research in the Gulf of Mexico up to 100 miles offshore.

In addition, the vessel is a high-speed landing craft that when lowered, the bow door can accommodate a side-by-side off-road vehicle for sea turtle and other sampling efforts on the barrier islands.

It also has a high payload capacity for transporting oyster and fossil shell for oyster reef restoration projects as well as a crane for hoisting sick and stranded sea turtles.

Rev. Dr. Ran Niehoff performed the blessing of the R/V *Norma Campbell*,

which was followed by the ceremonial breaking of a Champagne bottle on the side of the watercraft, executed by Pat Campbell.

Later, all in attendance were invited to tour the new facility and have refreshments.✱

Change the Story, Change the World


SCCF's Paul McCarthy Speaker Series

Wednesday, February 6

Sanibel Community House, 2173 Periwinkle Way


Program at 7 p.m. Doors open 6:30 with light refreshments

FREE — Register at www.sccf.org, go to Programs and follow link



Andy Goodman

Goodman believes stories are the single most powerful communication tool we have, with the power to change the world: Somebody wants to do something. They encounter obstacles. Dealing with the obstacles reveals character and changes that person. Those changes, caused by their journey, have meaning. The story and that meaning can lead to powerful communication by nonprofits.




Sanibel-Captiva Conservation Foundation

Goodman is best known for his speeches and workshops on storytelling and strategic communications. He has spoken at Harvard, Princeton, Stanford, as well as at many national nonprofit conferences. To learn more, visit www.thegoodmancenter.com.

The Boler Family Foundation is funding The Paul McCarthy Speaker Series to honor their dear family friend.

Paul McCarthy, founder of Captiva Cruises, was a vital presence on the islands and a strong supporter of island nonprofits.





Bank of the Islands' Willy Ocasio with We Love Our Islands winner Wendy Harriman photo provided

BIG ARTS Receives Latest Bank Donation

Bank of the Islands made another nonprofit donation through its We Love Our Islands program recently. The winner, Wendy Harriman, was spotted with a We Love Our Islands decal on her vehicle, winning her the right to select which local nonprofit organization would receive a charitable contribution from the bank. Harriman chose to donate the \$500 to BIG ARTS. That donation

marks \$79,800 given away to date through bank's program. "Bank of the Islands is proud to be a longstanding supporter of our island community through this program, volunteering and other sponsorships," said Willy Ocasio, Bank of the Islands vice president and Sanibel-Captiva office manager. "Beyond this donation, we are a proud sponsor of BIG ARTS' March 22 fundraising gala, and hope to see our island neighbors and customers there. We congratulate Wendy for her choice." Islanders are invited to visit the bank's Sanibel or Captiva office to learn more about the program.**

Reservations Requested For Speaker Series

The Sanibel-Captiva Conservation Foundation (SCCF) is launching its Paul F. McCarthy Distinguished Speaker Series on February 6. The series, funded by the Boler Family Foundation, was conceived as a way to honor the late Paul McCarthy. February 6 would have been McCarthy's 66th birthday. McCarthy, an acclaimed business leader, attorney, environmentalist and world traveler, died of natural causes on August 23, 2016 on Captiva. He was a large presence on Sanibel and Captiva, both through his Captiva Cruises, founded in 1986, and for his generous support for many island organizations.

The first lecture, entitled Change the Story, Change the World, will feature well-known nonprofit advisor Andy Goodman. It will be held on Wednesday, February 6 at The Community House, located at 2173 Periwinkle Way, starting at 7 p.m. Doors will open at 6:30 p.m. and light refreshments will be available. The event is free but preregistration on EventBrite is required by January 30 (www.sccf.org, go to Programs and look for the event link).

Change the Story, Change the World is a chance to learn how the approach to information or call to action can be framed to motivate or engage more people. The art of non-fictional story telling can help engage more people in what may be a particularly challenging situation. Goodman is co-founder and director



The late Paul McCarthy photo provided of The Goodman Center, which teaches communications and marketing professionals how to reach more people with more impact. Along with *Storytelling as Best Practice*, he is author of *Why Bad Ads Happen to Good Causes* and *Why Bad Presentations Happen to Good Causes*.

He is best known for his speeches and workshops on storytelling, presenting and strategic communications, and has been invited to speak at Harvard's Kennedy School of Government, the Woodrow Wilson School of Public Affairs at Princeton, the Graduate School of Business at Stanford University, as well as at many national nonprofit conferences. For more information about his work, visit www.thegoodmancenter.com.**

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From left, Historical Village Board Member Blair Wyatt, Scot and Melissa Congress, and Sherry Halleran photo provided

Jeweler Sponsors Historical Gala

Congress Jewelers is a silver sponsor of the Sanibel Historical Village gala to be held on February 19. The theme of the gala is An Evening on the Old Algiers and will be held at The Community House from 6 to 10 p.m.

There will be a buffet dinner and dancing, as well as opportunities to learn about the fascinating history of the Algiers riverboat that once sat on the beaches of Sanibel.

"We're happy to support the historical village, where the history of Sanibel can be found all in one place," said Melissa Congress. Congress said she remembers many of the houses being moved into the village from their original locations. "It's a great place to visit."

"We are grateful to everyone at Congress Jewelers for their generous support of our event," said Emilie Alfino, executive director of the historical village. "The village couldn't exist without the support of the community and businesses like Congress Jewelers."

For tickets, visit www.sanibelmuseum.org or call 472-4648.*

Old Hollywood Glamour At FISH Fundraiser

On Sunday, March 3, FISH of SanCap will hold its 6th annual Go FISH! fundraiser at The Sanctuary Golf Club featuring an Old Hollywood Glamour theme. FISH President and CEO, Maggi Feiner said, "This is our most important fundraiser of the year, as every dollar raised goes directly back to this community. We are looking forward to a successful event."

With a continual increase in demand for services, there will be Island Giving opportunities to bring awareness to FISH programming and give guests the opportunity to donate toward one or more of these critical programs. Auctioneer Tommy Williams will lead the live auction and "Hollywood celebrities" will provide entertainment. "We are looking forward to a magnificent evening with those that support FISH and our community," said Patty and Jim Sprankle, honorary event chairs.

Live auction packages will include:

- Two room/two night package with The Gasparilla Inn Food & Wine Weekend;
- Two stacking 18k and sterling silver handmade bangles by designer VAHAN, donated by Congress Jewelers;
- Large collection of fine wines;
- Three-night, two-bedroom villa and



image provided

golf excursion at the Golden Ocala Golf & Equestrian Club;

Private fishing or sightseeing tour aboard *Ally Cat* with Capt. Billy, donated by Billy Kirkland.

Land-based shark tagging experience with Elliott Sudal including dinner at Tween Waters Island Resort & Spa;

Hotel stay at the Miami Seminole Hard Rock Hotel including two Rolling Stones concert tickets.

For more information on sponsorship opportunities, contact Maggi Feiner at 472-4775.*

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Shoes For Vets Drive A Success

submitted by Dan Perkins

We just turned over to the VA the results of this year's Sanibel Shoes for Homeless Vets drive. We set a goal of 200 pairs of shoes and 400 pairs of socks. The goal was greatly exceeded and the VA truck was filled with 275 pairs of shoes and 650 pairs of socks. The following groups participated in the drive as drop-off points:

Bailey's General Store, Sanibel Public Library, Sanibel Fire and Rescue, FISH of SanCap, The Community House, American Legion Post 123, Noah's Ark, St. Columbkille Catholic Church and the St. Columbkille Thrift Store.

The people of Sanibel and surrounding communities once again stepped up to say thank you to those men and women who have kept us free and need our help. This significant collection will be given to some of the homeless vets at the VA hospital facilities in St. Petersburg and Tampa that provide shelter for homeless vets.

The shoes and socks donated by you, the people of Sanibel, will provide the proper empowerment a vet needs to apply



Shoes and socks collected for homeless veterans photo provided

for a job. This will start them on their path to becoming a productive member of our society.

The picture in the article shows the magnitude of those many pairs of shoes and socks. The leadership of the VA is overjoyed at the generosity of you, the people of our local community, and your fantastic support to veterans.

If your church or service organization is interested in participating in next year's Shoes for Homeless Vets drive, contact Dan Perkins at 973-687-4826.✱



Board president Holli Martin and board past president Chris Davison photo by Jeff Lysiak

From page 1B

Major Renovation

shelling ban in 1994. Since then, the museum has been working to protect and preserve mollusks as well as educate the public about these marine creatures. By adding a living collection of mollusks to its already extensive shell collection, the museum aims to better inspire and educate its visitors and community. The aquarium will include additional exhibit space to emphasize current environmental issues and flexible educational program areas designed to help its educators become even better at connecting people to nature.

"Make no mistake, this project will transform the museum," Hipschman told the crowd. "It will transform our community and the world. It really is not a stretch to say that we can change the world. It's not a stretch to believe that Sanibel can be a world leader in ocean conservation through our work."

The museum is on track to open the aquarium on its ground level in early 2020. Construction will take about six months, with an additional six months for aquarium

and exhibit design and installation. During construction, the museum will be closed for a couple of weeks, but will be operational during most of the construction phase.

In addition to private donations, the aquarium project is sponsored in part by the Department of State, Division of Cultural Affairs, the Florida Council of Arts and Culture, and the state of Florida. The museum is raising the remaining funds needed to complete the project. Once operational, the new facilities pay for themselves and can be used to underwrite children's educational programs.

Hipschman called the project a "one-in-a-lifetime opportunity."

"I'm grateful to everyone here today – you're all a part of this exciting journey," Hipschman added prior to a ceremonial Champagne toast. "I hope that you share our excitement and you'll ignite the same enthusiasm in others."

Visitors can go to www.shellmuseum.org/alive for construction progress and schedule updates. To learn more about the aquarium or the mission of the Bailey-Matthews National Shell Museum, call Hipschman or Melanie Moraga, assistant director, at 395-2233.✱

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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	3:30 am	10:13 am	4:56 pm	10:22 pm	Fri	2:35 am	10:15 am	4:01 pm	10:24 pm	Fri	3:48 am	10:18 am	4:44 pm	10:44 pm	Fri	5:40 am	12:21 am	7:06 pm	1:29 pm
Sat	4:40 am	10:49 am	5:31 pm	11:49 pm	Sat	3:45 am	10:51 am	4:36 pm	11:51 pm	Sat	5:00 am	11:00 am	5:31 pm	None	Sat	6:50 am	1:38 am	7:41 pm	2:05 pm
Sun	6:10 am	11:25 am	6:11 pm	None	Sun	5:15 am	11:27 am	5:16 pm	None	Sun	6:16 am	12:02 am	6:22 pm	11:55 am	Sun	8:20 am	3:05 am	8:21 pm	2:41 pm
Mon	8:10 am	1:18 am	6:57 pm	12:01 pm	Mon	7:15 am	1:20 am	6:02 pm	12:03 pm	Mon	7:32 am	1:24 am	7:15 pm	1:08 pm	Mon	10:20 am	4:34 am	9:07 pm	3:17 pm
Tue	10:18 am	2:40 am	7:49 pm	12:43 pm	Tue	9:23 am	2:42 am	6:54 pm	12:45 pm	Tue	8:50 am	2:28 am	8:07 pm	2:11 pm	Tue	12:28 pm	5:56 am	9:59 pm	3:59 pm
Wed	11:55 am	3:47 am	8:43 pm	1:39 pm	Wed	11:00 am	3:49 am	7:48 pm	1:41 pm	Wed	10:57 am	3:23 am	9:02 pm	3:07 pm	Wed	2:05 pm	7:03 am	10:53 pm	4:55 pm
Thu	12:51 pm	4:42 am	9:36 pm	2:47 pm	Thu	11:56 am	4:44 am	8:41 pm	2:49 pm	Thu	11:40 am	4:17 am	9:59 pm	4:01 pm	Thu	3:01 pm	7:58 am	11:46 pm	6:03 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list and wish to be, email oceannc@comcast.net or contact the center.

The book for discussion on Wednesday, February 13 at 2:30 p.m. is *The Death of Mrs. Westaway* by Ruth Ware.

“On a day that begins like any other, Hal receives a mysterious letter bequeathing her a substantial inheritance. She realizes very quickly that the letter was sent to the wrong person – but also that the cold-reading skills she’s honed as a tarot card reader might help her claim the money. Soon, Hal finds herself at the funeral of the deceased... where it dawns on her that there is something very, very wrong about this strange situation and the inheritance at the center of it.” – *LitLovers*

True Tours Flavors of Matlacha Island Tour & Lunch at Blue Dog Café – Monday, January 28. Cost is \$23 for members and \$28 for non-members. Includes a 90-minute walking tour beginning at 10 a.m. followed by 11:30 lunch, then browsing at the galleries and shops. Transportation provided. Depart from the center at 8:30 a.m. and return at 3 p.m. Minimum of 10 participants; maximum 14.

Blue Dog Café is an upbeat watering hole featuring American cuisine and

seafood plus a back patio on the water.

The tour is not ADA compliant and will take place outside on uneven surfaces. Wear comfortable shoes and clothing. Bring/wear sunblock, bug spray, hat and sunglasses. Parking at Leoma Lovegrove’s garden. Contact the center for more information.

Arts and Crafts Fair – Saturday, February 2 from 9 a.m. to 2 p.m. The annual Center 4 Life Arts & Crafts Fair will feature a variety of handcrafted items, including paintings, photography, fabric art, shell designs and tropical plant arrangements.

Line Dancing Classes – Tuesdays, January 29 and February 5 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and Thursdays – January 29 and 31 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance

registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

FISH Offering Tax Return Assistance

VITA representatives will offer tax preparation services at the FISH of SanCap Walk-In Center from 9 a.m. to 1 p.m. beginning Friday, February 1. The United Way Volunteer Income Tax Assistance (VITA) program offers tax assistance for qualified taxpayers. Households who generally make \$66,000 or less, are not self-employed and who need assistance in preparing their tax returns qualify for the VITA program. These households may have their returns completed and filed for them at no cost. VITA preparers are IRS certified trained volunteers that can inform taxpayers about special tax credits that may be applicable such as earned income tax credit, child tax credit, and credit for elderly or the disabled.

Those wishing to have their tax return completed through the VITA Program must bring the following:

- Photo identification;
 - Social Security cards for you, your spouse and your dependents;
 - All wage and tax statements, including Forms W-2, W-2G, 1099-R, SSA-1099; Interest and dividend statements;
 - Last year’s tax return;
 - Any other tax documents you received.
- If you are filing a joint return, both you and your spouse must be present.

Additional appointment times are: February 8, 15 and 22; March 8 and 22; and April 5. Appointments are required and fill up quickly. Contact Kathy Y. Monroe, program director, at 472-4775 to reserve an appointment time.

FISH of SanCap is located at 2430 Periwinkle Way. For more information, visit www.fishofsancap.org.*

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Trust Company Supports Rotary Club Festival

The Sanibel Captiva Trust Community is a sponsor of the annual Sanibel-Captiva Rotary Arts and Crafts Festival fundraiser. "For years, we have admired and supported the work of the Sanibel-Captiva Rotary Club, elevating life for those in need both on the islands and beyond," said Al Hanser, founder and chairman of the trust company.

The Sanibel-Captiva Rotary Arts and Crafts Festival has been rated one of the top 200 shows in the U.S. by *Sunshine Artist* magazine. The festival will be held on Friday and Saturday, February 16 and 17 at The Community House. The juried show features some of the best artisans from all over the country. In addition to one-of-a-kind items in all media and styles at the outdoor artist booths, there will be a silent auction inside the remodeled Community House. Silent auction items include vacation stays, on-island adventures, fine and casual dining experiences, personal services, fine wines, handcrafted items, gift baskets, jewelry and artwork. The expanded food court gives patrons an opportunity to fuel up during the festival.

The funds raised each year support programs of international groups working to deliver wheelchairs, water, shelter and medical assistance, eliminate polio and provide loans to businesses to



From left, Gary Dyer, Charlie Emerson, Michael Raab, Phyllis Gibson, Darryl Gordon, Steve Greenstein, Gail Latino, Chris Honeywell, John Grey and Chet Sadler

help people in other countries become more financially secure. Funds are also used to support local organizations such as FISH of SanCap, Clinic for

the Rehabilitation of Wildlife (CROW), Bailey-Matthews National Shell Museum, the local Boy Scout Troop, and toward college scholarships for

local students.

For more information or to make a contribution, contact Chet Sadler at 472-7257.*

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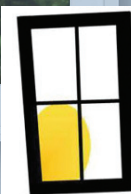
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Craig R. Hersch
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Estate Planning Workshop

As tax law updates take effect, there may be new opportunities for estate planning. Florida Bar Board Certified Wills, Trusts and Estates Attorneys Craig R. Hersch and Michael B. Hill, partners with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA, will provide important insights regarding estate planning opportunities during a free Estate Planning Workshop at The Community House on Wednesday, February 6 from 2 to 4 p.m.



Michael B. Hill

During the workshop, Hersch and Hill will discuss effective estate planning techniques. Topics of discussion include: How the tax law updates will affect your estate plan; If your will and trust from up north is affected; What you need to know about Florida estate and homestead laws; Why you should update your legal documents; If you can save taxes by declaring Florida residency; How to keep your legal documents up to date; How your revocable trust may not avoid probate.

Attendees will receive a complimentary written trust analysis if they bring their current documents to the workshop. Attendees will also receive a free book, *The Florida Residency & Estate Planning Guide*, by Hersch. The Community House is located at 2173 Periwinkle Way on Sanibel. To reserve a seat, sign up online at www.sbshlaw.com/workshops or call 322-3831.

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2019-20 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships. Eligible applicants must be Sanibel or Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school. The club collects the applications and an independent committee makes the selection. Applications must be submitted by March 29, 2019. They can be obtained on the Kiwanis website, www.sanibelkiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.

From page 9B
Trust Company
founder and chairman, will serve as president beginning March 1."
Given the recent market volatility, any concerns about a recession in 2019?
"A correction was anticipated but we're weathering it. Our bogey is our clients' return expectations and if we meet those, we've done our job. I have a favorite bit of advice always - 'Cash and Courage.' Have courage to weather the tough times and enough cash to see you through it."
What are your favorite things about the trust company?
"I've watched this company grow and it's been both exciting and rewarding. I'm encouraged and reassured by the strength of the company. It has a wonderful corporate culture and I'm very excited about the open-ended opportunity as it grows. We take care of our clients and that is demonstrated by the extremely low turnover in relationships."
You plan to stay on Sanibel-Captiva. What are some of your favorite things about this community?
"The relaxed attitudes are a pleasure and our residents' commitment to the environment and wildlife. Everyone on the islands has a fascinating story, and I really enjoy asking them about their lives. I'll have time to do a lot more of that now."
Pyle retires at the end of February, with the respect and gratitude of The Sanibel Captiva Trust Company and holding company SanCap Group Inc.

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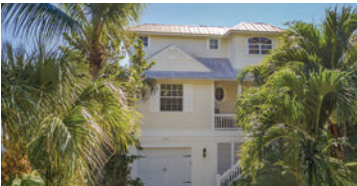
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Will Power

Tax Cost Basis And Estate Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

With the large federal estate tax exemption, many believe that estate planning is no longer as important as it once was. Quite to the contrary, estate planning today is more important than ever. There are many non-tax reasons to ensure that your hard earned assets end up with your loved ones, protected from the reaches of divorcing spouses, creditors, predators, as well as in a tax efficient manner.

While federal estate taxes don't affect as many as they once did, income tax planning built into your estate plan can mean the difference between your spouse and other loved ones paying large amounts, or even nothing at all.

More on that in a moment.

I recently returned from my 27th year attending the country's largest and best estate planning conference conducted by the University of Miami's Heckerling Institute. Unlike other areas of the law, keeping up with the myriad of changes to our nation's tax laws requires annual diligence. Since I'm board certified in wills, trusts and estates, I also must complete more than 120 hours of high level continuing legal education in my field every reporting period.

This year, the academic lecturers stressed the importance of planning for tax cost basis. Let me explain by example. Suppose you purchased ABC Stock at \$1/share. That is your "tax cost basis." Suppose that over the years the value of the stock increased to \$11/share. If you sold the stock at \$11/share, you would report a capital gain of \$10/share (\$11 selling price less the \$1 basis) and likely pay 20 percent capital gains tax.

If you were to gift that stock to your daughter during your lifetime, she takes the same tax cost basis in the stock that you would have. So if she sells the stock at \$11/share, she would also report a \$10/share capital gain and pay capital gains tax.

If instead of gifting the shares to your daughter during your lifetime, you left them to her in your will or revocable trust at your death, the tax cost basis of the stock increases to \$11/share. If she sells the stock at that price, she reports no capital gain.

Seems pretty simple. But it's not.

Many estate plans build in trusts for spouses, so that at the death of husband, for example, the trust continues on for wife for her lifetime. When wife dies, then the trust may distribute to children. When the estate tax exemption was lower, it was important to exclude the husband's trust benefiting wife from wife's estate.

That strategy no longer works, largely because it does not result in a second increase in tax cost basis when wife dies, resulting in unnecessary capital gains taxes. Those taxes may be quite high depending upon the appreciation that occurs between husband's death and wife's death. The longer that time period, the greater likelihood that the couple's financial and real estate portfolio increases significantly in value.

The trust for wife may be important, however, to protect the intended distribution to her and then to the children. Without it, if wife remarries, her new spouse may have rights to these assets. So it's important to build the trust in such a way to protect the assets from this danger while achieving the intended tax planning. This isn't always as easy as it sounds.

Consider, for example, that in order to achieve the increase in tax cost basis on the second spouse's death, not only will the assets that increase in value be adjusted, but so will the assets that decrease in value. This is because the tax law is written to adjust the new basis to the date of death fair market value.

Let's return to my example where husband left a trust for wife. Assume further that

at wife's death some of the stocks in the portfolio increased by \$10/share while others decreased by \$5/share at the time of wife's death. Assume further that one of their homes increased in value by \$150,000 between the time of their deaths and the other home decreased in value by \$50,000.

Without sophisticated planning, not only will the increases adjust when the children inherit the assets, but the decreases will adjust as well, resulting in the potential larger capital gains taxes when those assets are sold. It is possible to draft a will or a trust instrument that would only adjust the basis to the value of the assets that increased, while leaving the decreased basis alone. How that's done, and whether that strategy is right for a particular client is beyond the scope of this column.

This is but one tax saving strategy that can be considered when planning a client's estate. There are dozens of others. And, as I wrote at the onset of this column, there remain many non-tax reasons to plan an estate.

I'll be writing about other income tax saving strategies in future columns. If you haven't revisited your estate plan in the last couple of years, now is the time to do so. The methods estate planners used to save taxes under the old law when the federal exemptions were lower may actually result in more taxes than necessary under today's law.

©2019 Craig R. Hersch. Learn more at www.sbshlaw.com.✧

Advances In Alzheimer's Topic Of Lecture

Shell Point Retirement Community continues its 4th annual 2019 Medical Breakthroughs & Discoveries series with a presentation by Dr. Amanda Smith of Byrd Alzheimer's Center and Research Institute on Monday, January 28 at 2 p.m. The free educational health care program, which will be held at the Village Church Auditorium on The Island at Shell Point, is entitled Advances in Alzheimer's Diseases.

During the presentation, Dr. Smith will establish an understanding of Alzheimer's and dementias, cover current treatment and strategies, discuss advances and diagnosis, and review the status of current research and lifestyle behaviors that reduce the risk of Alzheimer's.

Smith is the director of clinical research at the Byrd Alzheimer's Center and Research Institute at the University of South Florida Health, as well as an associate professor in psychiatry and behavioral neuroscience at the University of South Florida's Morsani College of Medicine.

Shell Point's 2019 Medical Breakthroughs & Discoveries series is an



Dr. Amanda Smith photo provided

annual community health care speaker program that serves as a resource for residents in the greater Fort Myers area. All Medical Breakthroughs & Discoveries events are free to the public.

The Village Church Auditorium at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. For more information or to register, call 433-7936 or visit www.legacypoint.org.✧



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Last year's Adult Co-Ed Softball League champions

photo provided

Registration Open For Adult Softball League

Teams are forming for the Spring 2019 Sanibel Adult Co-ed Softball League. Games will be played at the Sanibel ball fields on Wednesday nights. The league will start on Wednesday, February 13. Teams

need to be registered no later than Wednesday, February 6. T-shirts and team trophies will be awarded to top teams. The fee is \$520 per team. There will be a mandatory coaches meeting on Wednesday, February 6 at 6 p.m. at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

For more information, or if you are looking for a team, contact Char Durand at 472-0345 or visit www.mysanibel.com.*

New Bank Opens On Sanibel



Sanibel branch ribbon cutting

photo provided

Chase hosted a ribbon cutting ceremony and open house celebration on January 11 to mark the opening of its first branch on Sanibel at 2441 Palm Ridge Road.

Plans were announced earlier this year for the addition of 35 new Chase branches in Florida over the next three years. The Sanibel branch features state-of-the-art banking technology, including three deposit-friendly ATMs that dispense cash in multiple

denominations.

The branch is staffed with 10 employees to help consumers and businesses with their financial needs. It also has a Chase Private Client team who provides premium banking services, personalized attention and access to the expertise and investment capabilities of JP Morgan to help families reach their financial goals.

The branch is open Monday through Friday from 9 a.m. to 5 p.m.*


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Furor Continues Over Blown Call



by Ed Frank

With Super Bowl LIII between the Los Angeles Rams and the New England Patriots little more than a week away, the airways and written media continue to hammer away at the obvious blown call that most likely would have put the New Orleans Saints in sports biggest game instead of the Rams.

The insanity of last Sunday's two conference championship games, both overtime epic struggles, has even gone so far with cries that the game between Saints and Rams should be replayed.

Of course, it all goes back to the blown pass interference call late in the game when officials failed to flag the Rams cornerback Nickel Robey-Coleman for a helmet-to-helmet hit on Saints receiver Tommylee Lewis inside the five-yard line with only 1:45 remaining.

Had the call been made, it would have allowed the Saints to run down the clock before attempting a short game-winning field goal.

Buried deep inside the NFL rule book is Rule 17, Section 2 and Article 1 which reads: "The Commissioner has the sole authority to investigate and take appropriate disciplinary and/or corrective measures if any club action, non-participant interference or calamity occurs in an NFL game which the Commissioner deems to be extraordinarily unfair or outside the accepted tactics encountered in professional football that such action has a major effect on the result of the game."

Under Section 2, the Commissioner has the power to reverse a game's outcome or reschedule a game either from the beginning or from the point where the extraordinary act occurred.

Of course, no way is this going to occur. But the egregious non-call already has brought demands that pass-interference calls and non-calls should be subject to review.

And the official who blew the call could be subject to a fine, suspension or both.

In the off-season, the NFL is likely to review whether to make pass-interference penalties reviewable. It already has been the subject in the past, but the league deferred action fearing such reviews would further lengthen the time of games.

Saints Coach Sean Payton said he was told by the NFL's head of officials that game officials last Sunday "blew the call."

Saint's owner Gayle Benson has sent a stinging letter to the NFL stating, "no team should ever be denied the opportunity to reach the title game (or simply win a game) based on the actions or inactions or those charged with creating a fair and equitable playing field."

SPORTS QUIZ

1. Which teams hold the major-league record for most hits in a nine-inning game?
2. When was the last time before 2017 that the Houston Astros won a division championship?
3. Dallas' Dak Prescott set a rookie NFL record in 2016 for highest completion rate (67.8 percent). Who had held the rookie mark?
4. Which original member of the ACC has never won the conference's men's basketball tournament?
5. John Bucyk (545 goals) and Phil Esposito are the top career goal scorers in Boston Bruins history. Who is No. 3?
6. Which is the only host country to be eliminated from the Group Stage in men's World Cup soccer history?
7. When was the last time before 2017 that Maryland won the NCAA men's lacrosse championship?

ANSWERS

1. The 1901 New York Giants and the 1992 Milwaukee Brewers, with 31 hits each.
2. The Astros won the N.L. Central in 2001.
3. Pittsburgh's Ben Roethlisberger, who had a 66.4 percent completion rate in 2004.
4. Clemson.
5. Rick Middleton, with 402 goals.
6. South Africa, in 2010.
7. It was 1975.

Despite the uproar, next Sunday's Super Bowl finds the New England Patriots back in the Super Bowl for the third straight year as they seek their sixth title. If successful, the Patriots will tie the Pittsburgh Steelers for the most Super Bowl wins.

The last time the Patriots and Rams (then the St. Louis Rams) met in the big game was way back in 2001 with New England winning 2017.

Early betting installed the Patriots a two-point favorite.

And should you want to attend the game in Atlanta's Mercedes-Benz Stadium, Stub Hub early this week had average tickets selling for \$3,325 each.*

Popular Speaker Returns For Lecture

While working on *The Crossley ID Guide: Waterfowl*, Richard Crossley decided he needed to drive to the Arctic Ocean in northern Alaska from his home in Cape May, New Jersey. In his thick Yorkshire accent, with a sense of humor and a disdain for political correctness, Crossley will talk about his 16,000-mile adventure on Friday, February 1 during two free programs at 10 a.m. and 1 p.m., part of the 2019 lecture series at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

Crossley is an internationally acclaimed birder, photographer and award-winning author of *The Crossley ID Guide* series. The Yorkshireman also lived in Japan and traveled the world before settling down in Cape May.

"After one of my frequent midlife crises at the turn of the millennium, I decided it was time to spend less time obsessively birding and to focus on paying back," said Crossley. "Sometimes called 'crazy' - my badge of honor - wildly passionate, and driven, I have made concerted forays into youth birding, television, books and other areas where I feel there is a need for American birding and conservation to improve."

Crossley's latest, *Waterfowl*, continues to push boundaries and encourage all outdoor conservation groups to see each other as one. He also co-founded the global birding initiative Pledge to Fledge, Race4Birds (www.race4birds.org) and The Cape May Young Birders Club. Crossley served on the board of directors at Hawk Mountain Sanctuary. He has contributed to most major birding publications, frequently speaks on radio, and is a sought-after public speaker.

For his "Ding" Darling lectures, the author will show about 100 of his own images and talk about the incredible places he has traveled and the inspiring people he



Richard Crossley photo provided met who changed his thoughts.

Crossley will sign copies of his books, available in the Refuge Nature Store, following the two lectures. The free lectures are held twice each Friday (except February 8) through April 12 at 10 a.m. and 1 p.m.

Lectures take place in the admission-free "Ding" Darling Visitor & Education Center. Seating for the lectures is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they will be assigned to the next in line. For this popular speaker, visitors are urged to arrive at least an hour early.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For the full season schedule, log on to www.dingdarlingsociety.org/articles/lecture-and-film-series.*

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Jim Cooper

photos provided

Sanibel Island Golf Club News

Club member Jim Cooper aced the sixth hole at Sanibel Island Golf Club (SIGC) recently. This is Cooper's third ace in 18 months after going 55 years without one.

Continuing a great week of golf at the club, Pam Wirth shot her personal best



Pam Wirth

score. Usually scoring around 50, Wirth birdied the ninth hole to shoot 40.

The SIGC Men's League played a four-man point total, with eight teams going after the win. Third place went to the team of Buddy Long, Bob Hummel, Don Bradford and Roger Cogswell. Second place went to John Gritti, Don Lewis, Dick Waterhouse and Bob Hummel (blind draw). Leading the field was the team of Jay Allen, Will Marvel, Tom Surgener and Jim Bartkowski.*



From left, Jim Bartkowski, Will Marvel and Tom Surgener

Dunes Women's Tournament



Dunes Women's Golf Association members

photo provided

The Dunes Women's Golf Association played the final round of their Memorial Tournament on January 18. The results are as follows:

Team Snowbirds

Round 1, 90.5; Round 2, 111; Total,

201.5.

Team Tropical Babes

Round 1, 107.5; Round 2, 87; Total,

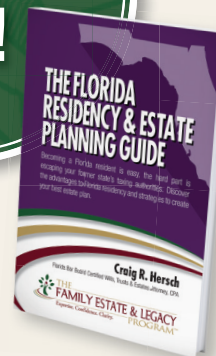
194.5.

There were 46 members in all.*

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Community Meeting Room
1100 Immokalee Road
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Tuesday, February 5

2:00 p.m. – 4:00 p.m.

First Assembly of God Church
4701 Summerlin Rd
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Wednesday, February 6

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Doctor and Dietician

Diet, Lifestyle
And Healthy
Brain Aging

by Ross Hauser, MD
and Marion Hauser, MS, RD

Research over the years has shown that people who follow the Mediterranean diet principles experience better cognitive function. A recent study, published in the scientific journal *NeuroImage*, showed further evidence of an association between diet and healthy brain aging out of our alma mater, University of Illinois at Urbana-Champaign. This study tested cognitive function, as well as MRIs to evaluate brain network efficiency. Researchers found links between five nutrient biomarker patterns and better results on memory tests, general intelligence, executive function and more efficiently process information, in people consuming the Mediterranean diet.

The Mediterranean diet, (also

Marion's favorite types of food), is based on the traditional foods of Italy and Greece and is considered a "Blue Zone" where people live long healthy lives with lower incidence of lifestyle diseases such as heart attacks, strokes, type 2 diabetes and early death. It is a plant-based diet rich in vegetables, fruits, legumes, potatoes, whole grains, herbs, and spices, as well as fish, seafood, and healthy fats such as cold-pressed extra virgin olive oil, olives, avocados and fresh yogurt. Beverages consumed are water, red wine, coffee and tea (without added sugar or sweeteners). Foods avoided are refined flour, sugar, soda, margarine, oils, processed meats, and other highly processed so-called "foods."

The Mediterranean lifestyle also includes regular daily walking, bicycling, reading and socializing with your "tribe," all things that are easy to do here on beautiful Sanibel Island. Let's face it, we can get outside just about any day of the week. Local grocery stores provide great sources of healthy Mediterranean foods. We have a great library and many sources of brain-stimulating activities right here. Let's make sure we all take advantage of these things that will help our brains age gracefully.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Understanding
Mental Illness

FISH of SanCap, along with National Association on Mental Illness (NAMI) for Lee, Charlotte and Hendry counties, is offering a community presentation, Understanding

Mental Illness; Learn the Facts and Get Help, on Wednesday, February 13 from 12:30 to 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel. Regina Britton, NAMI program director, will lead the discussion.

The seminar will provide information about specific mental illnesses. Conditions, treatment and services

Superior Interiors

The Art Of Dining

by Barb Cacchione



Often, I meet a client who thinks their dining room is the easiest of all rooms to furnish. Once they've made the decision on their table and chairs, they tend to think that's all there is to

it. Not so! While that may be one of the biggest decisions to be made, it's far from all.

I submit that you still need to consider providing for the comfort of guests as well as the convenience of the host/hostess. I find that there are often problems unique to this room that often make it a design challenge. With that in mind, it does take some considerable planning to create and design a dining room that will be consistently used in your home.

Chairs alone are a far from simple choice. Massive ones take up too much space, so it's important to search for well-designed chairs that are comfortable as well. Don't worry about having enough dining room chair shapes and sizes to pick from – there are so many it's bewildering, unless of course you have professional help.

Tables, too, come in all shapes and sizes. The size should fit both the room and your family and ideally be designed for easy expansion. Expandable tables,

with drop leaves, built-in extensions and inserts/leaves are all practical. Today's table design options can convert from a small cozy table to one that can be instantly enlarged when company is expected.

The lighting above your table should be carefully selected to assure the right wattage and the best light direction for the diners. This important element can be a focal point of the room's design. The height of the chandelier is another important decision.

It's also more convenient to have silverware, linens and serving pieces stored right in the room. A sideboard, or chest will help to give you the storage you need and can also handle the food for a sit-down buffet. If you opt for this additional furniture piece, consider its top. It's best for these pieces to be covered in a moisture and stain resistant material such as stone. Other storage options to consider are cabinets or armoires. A very attractive unit might also become the room's focal point – an extra added design benefit.

You'll find it helpful to think through the many uses of your dining room because our modes of entertaining are many and ever-changing. Ultimately, this means that your dining room design plan should be one that features flexibility. Whether you're hosting a Sunday brunch for six or an evening cocktail party for 20, versatility and comfort should guide you toward the best furniture and design plan.

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindceden.com.**

related to mental illness will be discussed, as well as information on additional resources.

"This seminar offers an opportunity to learn more about a very important topic," said FISH Program Director Kathy Y. Monroe. "The more informed one is about mental illness, the better they can help themselves or a loved one. Mental illnesses are complex. Many times, they co-exist with other conditions."

Britton said, "A mental illness is a medical condition that disrupts a person's thinking, feeling, mood, and ability to relate to others. Their daily function level may be compromised at various levels. Just as diabetes is a disorder

of the pancreas, mental illnesses are medical conditions that often result in a diminished capacity for coping with the ordinary demands of life."

Mental illnesses can affect persons of any age, race, religion or income. Mental illnesses are not the result of personal weakness, lack of character or poor upbringing, and are treatable. Most people diagnosed with a serious mental illness can experience relief from their symptoms by actively participating in an individual treatment plan.

The seminar is open to the community and lunch will be provided. To RSVP, contact Kathy Y. Monroe at 472-4775. For additional information, visit www.fishofsancap.org.*

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Take A Fish Oil With Your Statin; It Works Better



by Suzy Cohen, RPh

Dear Readers: Over 15.5 million Americans have CAD, Coronary Artery Disease, and every 42 seconds a person has a heart attack (termed myocardial infarction or MI). A third of

these people die. The conventional thought process to prevent an MI is to lower cholesterol.

Whether or not that approach works is up for debate, but the reality is these drugs are extraordinarily popular with physicians and patients. The word "statin" is a household name.

Pharmaceutical companies harvest 25 billion in revenue annually from their use which is in everyone now, even kids. Statins come with some 'drug mugging' though, among the stolen nutrients: CoQ10, selenium, zinc, vitamin D, E and copper.

There are millions of people taking statins, and I can make your statin work better. Take them with fish oils.

Fish oils are supplements that are known to boost cardiovascular health. There have been two trials that recently showed unprecedented results. The JELIS Trial and the REDUCE-IT Trial. These studies used an EPA only drug, Epadel and Vascepa, respectively. These are purified fish oils that require prescription and do not contain and DHA.

Keep in mind that both EPA and DHA are in regular supplements, so if you look at your fish oil at home, you'll see both EPA and DHA listed on the Supplement Facts Box. Just FYI, the trials above were essentially self-funded using medications that they themselves manufacture, not fish oils from a health food store.

The purpose of the JELIS Trial was to find out if EPAs would enhance a statin, or if a statin alone was enough. Every person in the study was on a

statin. Cholesterol numbers came down in both groups (the statin only group, and the statin plus EPA group).

But this part's excellent. After 4½ years, the most dangerous and potentially catastrophic consequences were significantly lower in the group who took EPA with their statin. Their incidents were reduced, in some cases by up to 28 percent for example, in the group of people with unstable angina.

One potential mechanism of action is that EPA reduces your body's production of arachidonic acid (AA), which is an inflammatory compound. Reducing AA improves the outcome of many conditions, including Alzheimer's, depression and autoimmune diseases.

The ratio of EPA to AA in your body is very important – that's the message I'd like to get out there. You want the EPA to be higher than the AA, so taking a high EPA fish oil is what works. If you'd like to read my awesome much longer and more comprehensive article on this topic, sign up for my free newsletter at www.suzycohen.com, and I'll email it to you next week.

In the meantime, if you take a statin medication right now, consider a fish oils supplement, one that is tilted in the direction of EPA versus DHA. There are brands sold at health food stores, and online like this. You can also ask about the fish oil medications available by prescription, if you prefer this route for insurance purposes, or because that's what was given to participants in the above-mentioned clinical trials.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: What is the difference between pain and suffering?

A: On the most basic level, pain consists of the uncomfortable physiological sensations themselves. In

Chinese medicine, it's a blockage of chi, your vital life force. In contrast, suffering is your response to pain, your thoughts and your emotional reactions to the sensations. It can be amplified about the scary stories you tell yourself about pain. It's important to embrace pain and lessen suffering; when you harmonize with your discomfort, you are lessening the fear surrounding it. You are letting the pain pass in, then out, then you won't attach to it with your frightened mind. When you harmonize with your pain, even unpleasant sensations, you are then gradually desensitizing the process through which you dissipate fear and aversion to the discomfort.

Another way to help desensitize your pain and suffering is to practice meditation, as it will center you and keep you grounded in the moment. I recommend this and guide my clients with this meditation prior to them having a medical procedure so they can be

prepared and less anxious before they are taking medications with unpleasant side effects. You can breathe in healing breaths of compassion and relaxation, and on the out breath, let go of any and all pain and discomfort. Do this for several minutes daily and you should feel some relief.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

Grief Support Group Meetings

Temple Bat Yam has started a grief support group in response to needs expressed by members of the congregation. The group meets the first Wednesday of the month from 7 to 8:30 p.m. in the library of the Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way on Sanibel. The next session will be held on Wednesday, February 6 and is open to anyone in the community who needs a safe space in which to listen and talk about grief. There is no cost to attend.

Bat Yam's Rabbi Stephen Fuchs is the group facilitator. The group's dual goals are healing and companionship. This is a lay group, so all group matters will be determined by group consensus.

If you have any questions, contact Ellen Feingold at 302-345-7187 or ellenfeingold@gmail.com.*

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Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
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Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
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BIG ARTS - Barrier Island Group for the Arts	395-0900
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American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
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Horticulture and Tea Society of Sanibel and Captiva	472-8334
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Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
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Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-0819
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ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Tank And Jasmine



Tank ID# A764499



Jasmine ID# A764600

Hello, my name is Tank. I am a 2-year-old male pit bull who is a dashing handsome guy with beautiful coloring that will match just about anything you wear. My great manners and disarming personality will win you over in a matter of minutes. As soon as I do win you over, I will no doubt cover you with kisses. I love to play, so if exercise is part of your New Year's game plan, then I am the perfect companion for you.

My adoption fee is \$25.

Hi, I'm Jasmine. I am a 2-year-old female lab/pit mix who is 40 pounds of love once you allow me to get past my shyness and come out of my shell. I am always happy to see my volunteer friends at the shelter, and I greet everyone with my happy tail wag. I am patient and sweet and need my 'person' to come find me and see the dog that others see. I am the perfect size if you are looking for a medium-sized companion.

My adoption fee is \$25

Lee County Domestic Animal Services invites you to make Skip the Jog and Walk a Dog your New Year's resolution this year. Include pets as a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for all dogs over 6 months will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.*

Haven on Earth Animal League

Lily And Sylvia

Hi, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information,



Lily



Sylvia

call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

PAWS Of Sanibel

Brava And Lucy

Two very unusual and beautiful sisters are up for adoption. One is tortoiseshell cat with white or calico features, while the other is a dilute tortoiseshell.



Brava

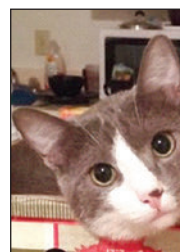


Lucy

These photos do not do them justice, as they are much more adorable in person. Adopt one, or keep them together and adopt both. They are four and five months old. They come with complete vet check-up, all shots, tests, wormed, treated with flea preventative and spayed. Call Pam at PAWS at 472-4823 to adopt one or both.*

Sonny And Cher

This is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens



Sonny



Cher

were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.*

New Year's Kittens

Pictured are the three remaining PAWS kittens.

Donner, Cupid and Comet are so adorable. Cupid, in the middle,

is the only remaining female. These kittens are very sweet and now 10 weeks old. The only folks that came to see them left with two kittens. Maybe there's someone out there that will take home triplets. They are too cute to choose. Call Pam at 472-4823 to come spend time with these precious little babies.*



Donner, Cupid and Comet

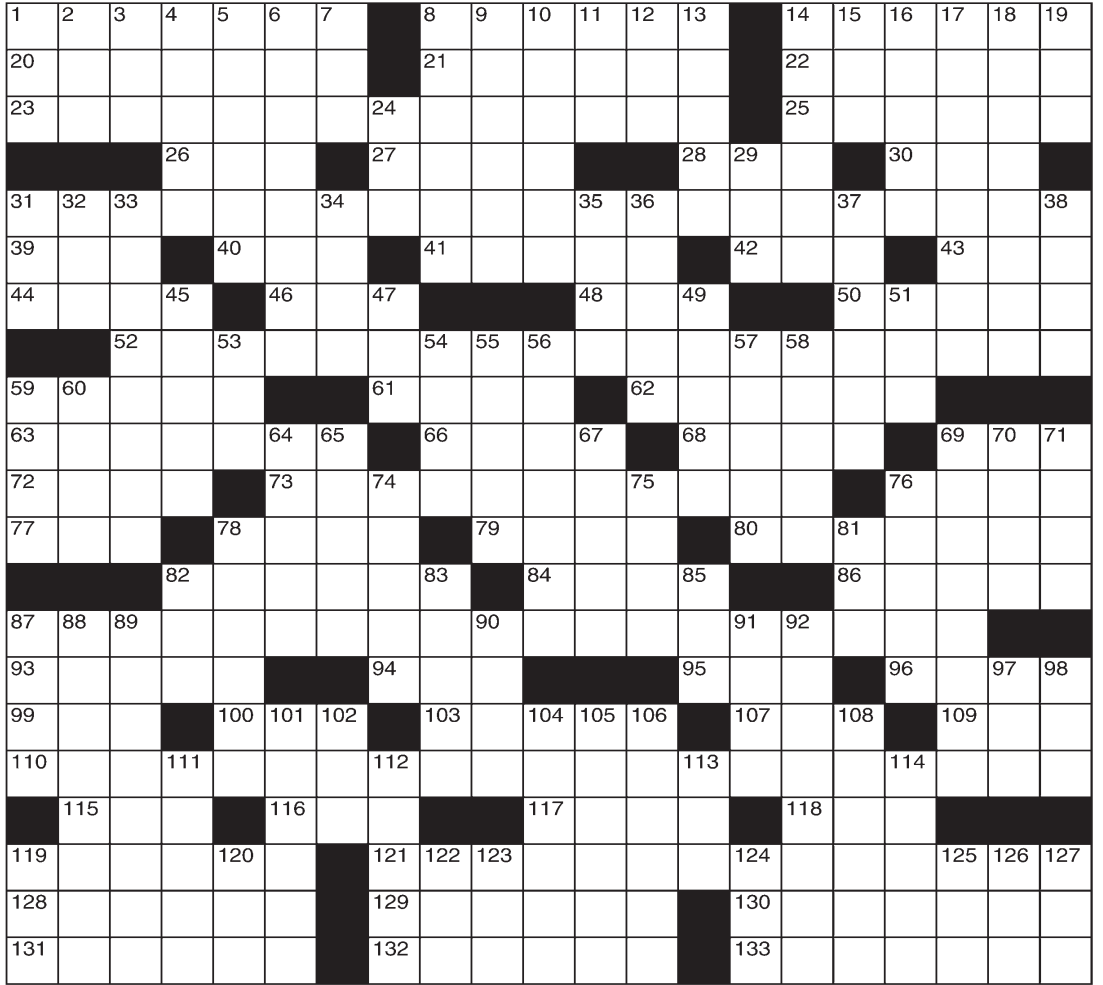
PUZZLES

Answers on page 29B

Super Crossword

THE LATEST FASHION

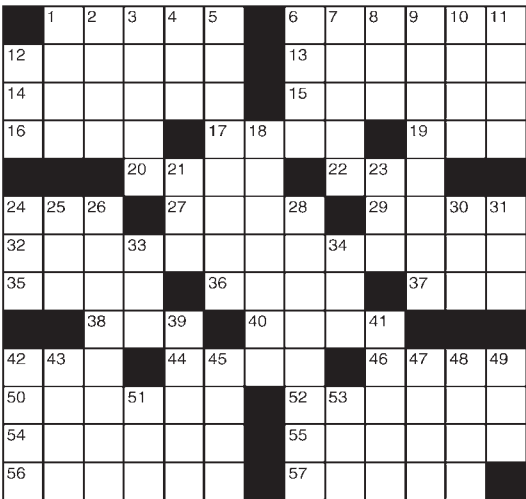
- ACROSS
- 1 Stuff pumped into a 747
- 8 Bracing devices
- 14 Teeny bit
- 20 "Stephen," to the French
- 21 Rip into
- 22 Untrue rumor
- 23 Start of a riddle
- 25 "Ironic" singer Morissette
- 26 Enzyme name ender
- 27 Solo for a 41-Across
- 28 Not feeling well at all
- 30 Set aflame
- 31 Riddle, part 2
- 39 Shar- —
- 40 No, to Burns
- 41 Certain opera singer
- 42 Actress Joanne
- 43 Bit of slander
- 44 Neighbor of a Croat
- 46 The, to Josef
- 48 Apt rhyme of "grab"
- 50 — -O-Fish (McDonald's sandwich)
- 52 Riddle, part 3
- 59 Very pungent
- 61 Certain opera singer
- 62 Adders, e.g.
- 63 Most blaring
- 66 Sculling tools
- 68 As blind as —
- 69 Elegant tree
- 72 Pharmacy amount
- 73 Riddle, part 4
- 76 Blackthorn
- 77 Fire residue
- 78 Lady Grey
- 79 Sauce brand since 1937
- 80 Stays away from
- 82 Total or Life
- 84 Neighbor of a Swede
- 86 Goes fast
- 87 Riddle, part 5
- 93 NATO part
- 94 Mineo of "Tonka"
- 95 Knighted one, e.g.
- 96 Pleasant
- 99 The Beatles' "— Loser"
- 100 "Citizen X" actor Stephen
- 103 Equine noise
- 107 Do a lawn chore
- 109 Relo vehicle
- 110 End of the riddle
- 115 Dir. from Del. to Vt.
- 116 Busy mo. for a CPA
- 117 Big particle physics lab in Switz.
- 118 "Hail, Nero!"
- 119 Big name in sneakers
- 121 Riddle's answer
- 128 Lenient
- 129 Beethoven's Third, familiarly
- 130 Mark Antony's wife
- 131 Local lingo
- 132 Wet slightly
- 133 Wee baby
- DOWN
- 1 Seder celebrant
- 2 Ordinal number ender
- 3 Carrere of "True Lies"
- 4 Beyond embryonic
- 5 Oneness
- 6 Baja California resort port
- 7 Permit to
- 8 Biblical angel
- 9 Chicana, e.g.
- 10 Many flying creatures
- 11 Got together
- 12 Compadre
- 13 "Shrek!" author William
- 14 Like time, speed and temperature
- 15 Bad, to Luc
- 16 Including everything
- 17 Author Steel
- 18 More sandlike
- 19 MS markers
- 24 "Yuk" relative
- 29 PC screen variety
- 31 Special — (mil. group)
- 32 Toll, for one
- 33 Atomizer for spraying paint
- 34 Turned right on a horse
- 35 Has no life
- 36 — Ark (biblical boat)
- 37 With 57-Down, supporter for a caterer's dishes
- 38 Pets' docs
- 45 Groom's partner
- 47 Microwave brand
- 49 Unoriginal
- 51 Indefinite things
- 53 Keats verse
- 54 Gobs
- 55 Railing locale
- 56 Hurricane relative
- 57 See 37-Down
- 58 Green-lights
- 59 Alan of "White Mile"
- 60 Doves' calls
- 64 Horrify
- 65 Reasonably muscular
- 67 Lactose, e.g.
- 69 Unrequired course
- 70 Rob of the Brat Pack
- 71 Disorder
- 74 Gets close
- 75 Mom or dad's sister
- 76 "Da Doo Ron Ron" singer Cassidy
- 78 — Tull (rock band)
- 81 — -Magnon man
- 82 Persian, e.g.
- 83 Country singer Rimes
- 85 Suffix with lion
- 87 Army group
- 88 Ball of perfume in a closet
- 89 Exhausting
- 90 Urged in defense
- 91 Intentions
- 92 Close friendship between guys
- 97 "Wheels"
- 98 Nav. officer
- 101 Expunges
- 102 African viper
- 104 Implant that helps in returning a lost pet
- 105 Athens' land
- 106 Husband of Lily Munster
- 108 Greet with a hand motion
- 111 Resulted in
- 112 Followed a curved path
- 113 Hit skit show since '75
- 114 "— & Kel" (1990s teen show)
- 119 — Khan
- 120 Height fig.
- 122 Hunters' gp.
- 123 — de plume
- 124 Cyclotron bit
- 125 Actress Longoria
- 126 Apt humor
- 127 Letter encl. to facilitate a reply



King Crossword

ACROSS

- 1 — about (spread the word)
- 6 Utters
- 12 Grads
- 13 Recluse
- 14 ymnosophist's practice
- 15 Incompetent
- 16 Vicinity
- 17 Sicilian spouter
- 19 Tier
- 20 Onetime NYC mayor
- 22 Writer Buscaglia
- 24 Sternward
- 27 Near the treasure
- 29 "Thin Man" dog
- 32 Just one thing after another?
- 35 Deserve
- 36 Arp's movement
- 37 Poebler or Grant
- 38 Panasonic competitor
- 40 Incline
- 42 Slithery squeezer
- 44 Not so much
- 46 Radius neighbor
- 50 German Chancellor



- Merkel
- 52 Raise the anchor
- 54 Successful player
- 55 Hale and hearty
- 56 Eight English kings
- 57 Wear away
- 7 Punishment-related
- 8 Geological time
- 9 Food of the gods
- 10 Narc's measure
- 11 Crockpot creation
- 12 Literary collection
- 18 Menaces
- 21 Possess
- 23 Chow down
- 24 Expert
- 25 Govt. lender
- 26 Seasoning herb
- 28 Guaranteed
- 30 Male turkey
- 31 One or more abbr.
- 34 Hoosgow
- 39 Back street
- 41 Disney pachyderm
- 42 Wild party
- 43 Never again?
- 45 41-Down's "wings"
- 47 Noisy
- 48 Schnozz
- 49 Illustrations
- 51 Blunder
- 53 Neither mate

DOWN

- 1 Unclear view
- 2 Discourteous
- 3 Eskimo boat
- 4 Officeholders
- 5 It gets punched
- 6 Avoid

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G R P N L R K I G E C B Y B A

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T N R P O M L B J I T I G E H

S D S P S I R C M U R B A O S

B A (D O N K E Y B U R G E R) I

Y Y T I B M X P T W C U U Y T

T S N R I Q I E P O N U A G I

L A K T O H O T I V I H C B R

P J A H C T O R B R E T T U B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bauru
- Beirute
- Bosna
- British rail
- Butterbrot
- Cemita
- Chip butty
- Chivito
- Crisp
- Cucumber
- Donkey burger
- Gyro
- Panini
- Torta
- Vegemite



"This job is killing me! It seems every guy you assign me to follow is a _____ enthusiast!"
answer on page 31B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Ignore PRUNS
Shine REGAL
Polish HENIS
Dot PINTO

TODAY'S WORD

6				5			3	8
		3			6	7		
	4		9					5
		6		7	4		2	
		2			1	8		9
4	5		3			6		
			6		3	9		
2	9			8			7	
		5		2				1

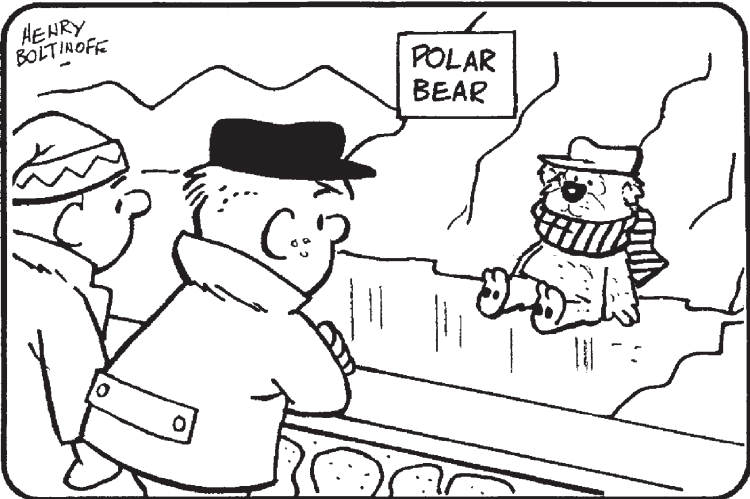
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

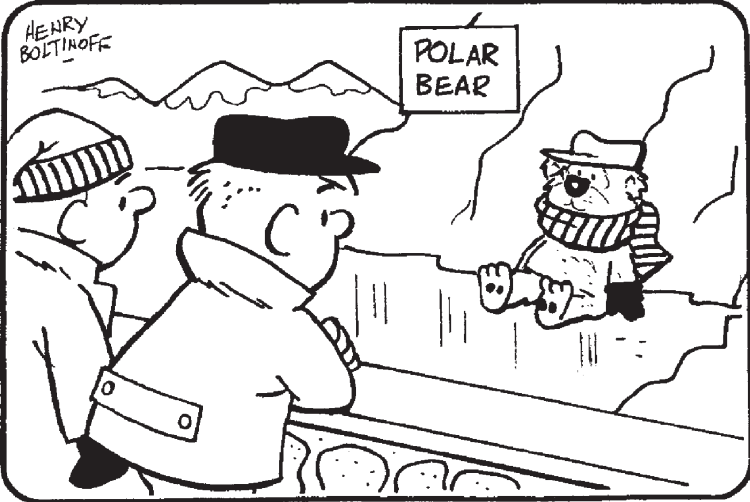
answer on page 29B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Boy's hat is different. 2. Bear is wearing mittens. 3. Boy's glove is black. 4. Mountains are snow-capped. 5. Boy's freckles are missing. 6. Bear has three toes.

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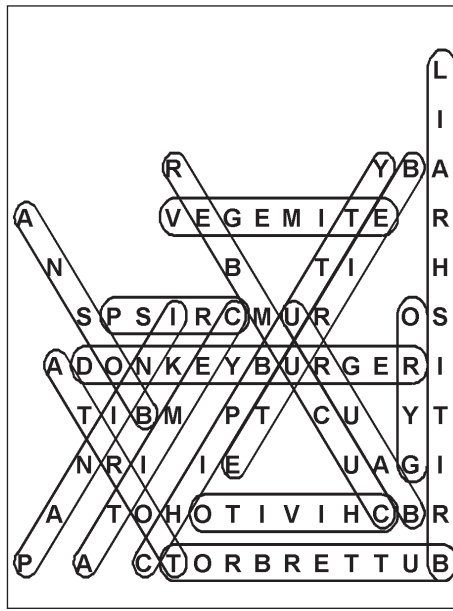
SUPER CROSSWORD

J	E	T	F	F	E	L		C	L	A	M	P	S		S	M	I	D	G	E
E	T	I	E	N	N	E		H	A	V	E	A	T		C	A	N	A	R	D
W	H	A	T	I	S	T	H	E	T	I	T	L	E		A	L	A	N	I	S
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			B	R	O	A	D	C	A	S	T	T	H	A	T	O	F	F	E	R
A	C	R	I	D				A	L	T	O			S	N	A	K	E	S	
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D	O	S	E			C	O	N	T	I	N	U	A	L	L			S	L	O
A	S	H		J	A	N	E			R	A	G	U		E	S	C	H	E	W
			C	E	R	E	A	L		D	A	N	E			R	A	C	E	S
U	P	D	A	T	E	D	R	E	P	O	R	T	S		A	B	O	U	T	
N	O	R	T	H				S	A	L					S	I	R		N	I
I	M	A		R	E	A		N	E	I	G	H			M	O	W		V	A
T	A	I	L	O	R	S	A	N	D		D	R	E	S	S	M	A	K	E	R
		N	N	E		A	P	R			C	E	R	N		A	V	E		
A	D	I	D	A	S			C	N	N	H	E	M	L	I	N	E	N	E	W
G	E	N	T	L	E			E	R	O	I	C	A			O	C	T	A	V
A	R	G	O	T	S			D	A	M	P	E	N			N	E	O	N	A

KING CROSSWORD

	B	R	U	I	T		S	P	E	A	K	S								
A	L	U	M	N	I		H	E	R	M	I	T								
N	U	D	I	S	M		U	N	A	B	L	E								
A	R	E	A		E	T	N	A		R	O	W								
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A	F	T		W	A	R	M		A	S	T	A								
C	H	A	I	N	R	E	A	C	T	I	O	N								
E	A	R	N		D	A	D	A		A	M	Y								
		R	C	A		T	E	N	D											
B	O	A		L	E	S		U	L	N	A									
A	N	G	E	L	A		U	N	M	O	O	R								
S	C	O	R	E	R		R	O	B	U	S	T								
H	E	N	R	Y	S		E	R	O	D	E									

MAGIC MAZE



SUDOKU

6	2	9	4	5	7	1	3	8
5	8	3	2	1	6	7	9	4
1	4	7	9	3	8	2	6	5
9	1	6	8	7	4	5	2	3
7	3	2	5	6	1	8	4	9
4	5	8	3	9	2	6	1	7
8	7	1	6	4	3	9	5	2
2	9	4	1	8	5	3	7	6
3	6	5	7	2	9	4	8	1

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WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.
 8/5 ★ TFN

COMMERCIAL RENTAL

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.
 7/13 ★ TFN

OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/reception area and 1/2 bath. Call Mike at 970-476-9204 or email pazzos@vail.net
 11/30 ★ TFN

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 1/25 ★ 2/1

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SANIBEL – SEASONAL RENTAL AVAILABLE FEBRUARY & APRIL, 2019

Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor close access to the beach and causeway on the East End of Sanibel. Perfect location – \$7,500 per month. VIP Realty Group Inc. Call or text Rose at 239-851-5188.
 12/21 ★ TFN

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SANIBEL BEACH COTTAGE SPRING SPECIAL!

Now available with brand-new updates. Private lane, short walk to beach, 2BR/2BA, sleeps 7. Fully equipped, wooded backyard w/privacy fence. All beach equipment plus 2 FREE bikes provided! Pets w/approval. Mid-April thru mid-May, summer availability \$2,000/2 wks, \$3,000/mo Contact Chris: 314-406-7058 See at www.sanibelbeachcottages.com
 1/25 ★ 1/25

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ANNUAL RENTAL

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 Waterfront – 3/2+ den, dock, Direct access. \$2,950/mo. Gorgeous, Custom home.
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 11/30 ★ TFN

SANIBEL – DUNES ANNUAL RENTAL

3 bedrooms, 3 baths. Pool and tennis courts. Close to beach. \$2,250 monthly or \$3,500 seasonally. VIP Realty Group Inc. Call or text Rose at 239-851-5188.
 1/18 ★ TFN

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2 bdrm/1 bath, East End, Nerita St. 1/2 of Duplex, bright, clean, walk to beach. Washer & dryer in unit, sundeck. Includes yard service & pest control. No Smoking/ No pets. \$1,700. Call Bob 410-913-2234.
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 1/18 ★ 1/25

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Woman's ring. Lost on Sanibel. 3 diamonds, white gold Very sentimental Please call or text if found Lisa 801-703-7647. Reward
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GARAGE SALE

GARAGE SALE

Jan. 26, Annual Yard Sale a local favorite east end toward the lighthouse. Household, Jewelry and plenty of guy toys. Early Bird welcome on that day. 501 Lagoon Drive, Sanibel.
 1/25 ★ 1/25

TRASH & TREASURE CRAFT & BAKE SALE

Sat. Jan. 26, 8 a.m. to noon LEE PLANTATION CLUBHOUSE Pine Ridge Road, Fort Myers off Summerlin, Old South Way, across from Thunderbird Park. Something for Everyone!!
 1/25 ★ 1/25

My Stars ★★★★★

FOR WEEK OF JANUARY 28, 2019

Aries (March 21 to April 19) Taking some time out of your usually busy social life could be just what you need to help you focus on putting those finishing touches on your plans for a possible career change.

Taurus (April 20 to May 20) A misunderstanding about a colleague's suggestions could create a delay in moving on with your proposal. But by week's end, all the confusing points should finally be cleared up.

Gemini (May 21 to June 20) You might feel overwhelmed by all the tasks you suddenly have to take care of. But just say the magic word – help! – and you'll soon find others rushing to offer much-needed assistance.

Cancer (June 21 to July 22) Finishing a current project ahead of schedule leaves you free to deal with other upcoming situations, including a possible workplace change, as well as a demanding personal matter.

Leo (July 23 to August 22) Turn that fine-tuned feline sensitivity radar up to high to help uncover any facts that could influence a decision you might be preparing to make. Devote the weekend to family activities.

Virgo (August 23 to September 22) A state of confusion is soon cleared up with explanations from the responsible parties. Don't waste time chastising anyone. Instead, move forward with your plans.

Libra (September 23 to October 22) You might feel obligated to help work out a dispute between family members. But this is one of those times when you should step aside and let them work out their problems on their own.

Scorpio (October 23 to November 21) Your ability to resolve an on-the-job problem without leaving too many ruffled feathers earns you kudos from co-workers. You also impress major decision-makers at your workplace.

Sagittarius (November 22 to December 21) Newly made and long-held friendships merge well, with possibly one exception. Take time to listen to the dissenter's explanations. You could learn something important.

Capricorn (December 22 to January 19) Be prepared to be flexible about your current travel plans. Although you don't have to take them, at least consider suggestions from the experts in the travel business.

Aquarius (January 20 to February 18) A problem with a recent financial transaction could lead to more problems later on unless you resolve it immediately. Get all the proof you need to support your position.

Pisces (February 19 to March 20) Daydreaming makes it difficult to stay focused on what you need to do. But reality sets in by midweek, and you manage to get everything

done in time for a relaxing weekend.

Born This Week: Your ability to reach out to those in need of spiritual comfort makes you a much-revered, much-loved person in your community.

STRANGE BUT TRUE

- It was Vladimir Ilyich Lenin, communist revolutionary and the first leader of the Soviet Union, who made the following sage observation: "One fool can ask more questions in a minute than 12 wise men can answer in an hour."

- Back in 1893, when the zipper was invented, the device was intended to be used for fastening shoes.

- When the TV sitcom "The Addams Family" was being cast in the early 1960s, actor John Astin came in to audition for the role of Lurch, the cadaverous butler. He was immediately rejected for the part. As he was leaving the room, though, the

producer spotted him, pulled him aside, and immediately offered him the role of Gomez – the lead. All he had to do was grow a mustache.

- What do the words "obscene," "tranquil," "mediate," "catastrophe," "dire," "critical," "vast" and "apostrophe" have in common? All of them appeared in print for the first time in the works of William Shakespeare.

- As the Black Plague was sweeping Europe during the Middle Ages, some people, for reasons surpassing understanding, believed that plague victims could cure themselves by smelling human waste.

- The United States isn't the only country that has an accolade to recognize excellence in the film industry. Here the awards are known as the Oscars, but other nations have their own names for the awards: In Canada they're known as Genies, in France they're Cesars, in Russia they're called Nikas, in

Mexico they're Golden Ariels, in Spain they're known as Goyas, and in the United Kingdom they're called Orange British Academy Film Awards.

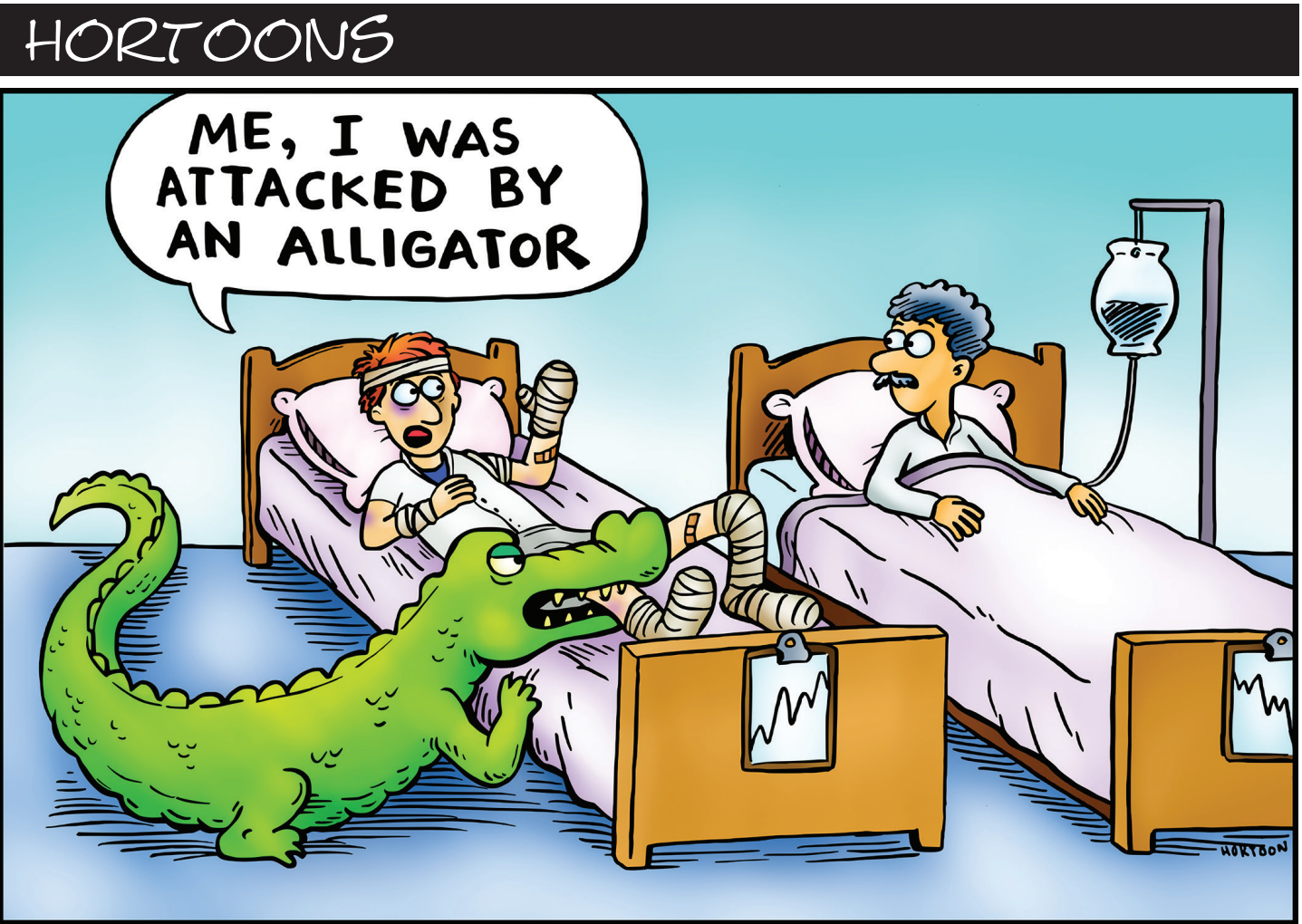
THOUGHT FOR THE DAY

"The game of life is the game of boomerangs. Our thoughts, deeds and words return to us sooner or later with astounding accuracy." – Florence Scovel Shin

SCRAMBLERS

1. Spurn; 2. Glare;
3. Shine; 4. Point

Today's Word
RUNNING



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2015	6,300	\$7,375,000	\$7,000,000	5
Town And River	Fort Myers	2016	3,505	\$1,949,000	\$1,750,000	62
River Ridge	Bonita Springs	1990	3,608	\$1,450,000	\$1,390,000	6
Dunes At Sanibel Island	Sanibel	1984	2,761	\$1,089,000	\$1,025,000	195
Not Applicable	Fort Myers	2004	4,189	\$1,000,000	\$981,000	329
Cape Coral	Cape Coral	2006	3,446	\$975,000	\$850,000	38
Casa Del Rio	Fort Myers	1979	2,786	\$950,000	\$775,000	131
Summerfield	Estero	2000	3,441	\$940,000	\$820,000	19
Riverside	Fort Myers	1986	5,492	\$799,000	\$640,000	212
Lakemont	Bonita Springs	1993	2,319	\$714,900	\$645,000	139



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• Direct Walk-Out to Beach & Pool
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BY THE SEA
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• Direct Gulf, 3 BR, 2 BA, Granite Kitchen
\$1,624,900 MLS 218078824
Jason Lomano, Lomano-Nicholson Team 239.470.8628



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1655 LAND'S END VILLAGE, CAPTIVA
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9027 MOCKINGBIRD DR., SANIBEL
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